

Abnormal Psychology

Course Number: 66529.04

Spring, 2013

Mondays and Thursdays 12:00pm-1:20pm

Room 102, Livingston Classroom Building, Livingston Campus

Instructor

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TA

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Office Hours: Wednesdays 9-10am

Course Materials:

Required: *Nolen-Hoeksema, S. (2007). Abnormal Psychology, 5th Ed., New York, NY: McGraw Hill.*

*Note: Neither the study guide nor the CD are necessary.

Course Website: <https://sakai.rutgers.edu/portal>

Course Description, Objectives, and Evaluation Procedures

Although the only prerequisite for this course is Introductory Psychology, this is an upper-level course and as such, assumes a moderate level of sophistication regarding general psychology and methods for studying psychology. Those without such a background who are unwilling to put in some extra work to compensate for any resulting deficiencies might experience limited success.

The field of abnormal psychology is extremely broad and rapidly changing. Its subject matter spans development from conception to death and can legitimately include any and/or all of the following domains: (a) definition, description, classification, assessment, and diagnosis of mental disorders or "abnormality," (b) etiologies or causes of mental disorders, (c) prediction of the likely course and prognosis of various mental disorders, (d) interventions designed to manage or otherwise ameliorate identified problems of abnormal behavior, and (e) prevention strategies designed to reduce the incidence and/or negative impact of maladaptive behavior. One cannot reasonably expect a single course to provide adequate coverage of all of these topics. In fact, any one of them represents more than sufficient material for a course in itself. With this limitation in mind, the present course will focus on the **empirical approaches to identifying and explaining the major forms of adult psychopathology.**

Additional future coursework is recommended for the student interested in abnormal psychology field experience, exceptional children, and/or psychotherapy and the treatment of maladaptive behavior problems. Although clearly relevant to abnormal psychology, **these areas will receive little or no attention in this course.**

COURSE OBJECTIVES:

1. To acquaint students with established and emerging scientific methods for the descriptions, conceptualization, classification, assessment and diagnosis of major forms of adult mental disorders,
2. To familiarize students with the nature and prevalence of these disorders,
3. To stimulate critical and integrative thinking about psychological phenomena, including the impact of multiple sources of causality and cultural diversity.

Attendance: Although attendance will not be taken on a daily basis, consistent attendance **is necessary** in order to be successful in this course. There will be course material that is discussed in lecture only, and not necessarily on lecture presentations or in assigned course readings. You are responsible for this material in exams.

Participation: Class participation is encouraged. Discussion of psychological concepts promotes understanding. Sharing different viewpoints increases cultural awareness and critical thinking.

Classroom decorum: Arrive on time! If you arrive late, please find a seat as quickly and quietly as possible. Turn off cell phones when you enter the classroom. Please be respectful of your fellow classmates by refraining from talking with them during class.

ASSIGNMENTS/RESPONSIBILITIES

Readings: Readings from the textbook will be assigned for each lecture. See the schedule listed below. Occasionally, additional readings may be required. Any such readings will be announced ahead of time and posted on Sakai.

Learning Objectives: Learning objectives will be posted on Sakai to aid you in your textbook reading, provide you with a guide for the lecture, and assist you in reviewing for each exam. I would suggest a thorough review of lecture notes and textbook material before using the learning objectives to test your understanding. **You are responsible for learning all assigned readings and all lecture materials.** Materials from readings WILL be on the exams.

Exams: Exams will cover information presented during class as well as information from the assigned readings. Exams will be conducted ONLINE through the course site on Sakai. The exam will become available at midnight the day of the exam and end at 11:59pm that same day. Once you begin the exam you will have 90 minutes to complete it before it closes and your answers are final. If you do not complete the exam you will not be allowed a make up without a university approved documented reason. Although you do not have to take the exam during class time, I will be present in the room during this time and you may take the exam on your laptop and I will be available for questions. This is the only time I will answer test-questions during test days. If you take the exam outside of class, you **MUST** take it on your own (no group efforts). This method of examination is being used due to budget cutback that are limiting the use of paper exams.

There will be four unit exams. None of these will specifically address content from prior units, although they may draw on basic concepts and methods covered previously. Each exam will consist of **33 multiple choice questions worth 3 points each (with a free point for each exam)**. Each exam will have equal weight. The “final” exam is simply the last unit exam held during the final exam period. There will be no cumulative final exam. Your lowest exam grade for the first 3 exams will be dropped from your final score, which will serve in lieu of extra credit for the course. **HOWEVER, the FINAL EXAM CANNOT BE DROPPED.**

Make up exams: If you cannot attend class on the scheduled exam day, please contact me via e-mail *immediately*. **You will not be allowed to make up a missed exam and will receive a zero for that exam unless you have a legitimate documented reason. Legitimate documented reasons include illness or family emergency. Work conflicts or difficulty with parking do not constitute legitimate reasons.** Please note that you may not retake an exam, but only make up the exam that you missed. **Make-up exams will only be given during week following the exam during my office hours.**

Extra Credit: Please note that it will not be possible for me to assign additional extra credit assignments because your lowest test grade is dropped. If you are concerned about your grade, you need to approach me during the semester so that I can answer questions you might have about course material.

GRADING/EVALUATION:

A total of 300 points are possible across the four exams. To calculate your grade, the extra credit points earned will be added to your points earned on the tests. Total points earned will then be divided by 300. The totals will be converted to final grades as follows:

90↑ = A, 80-89 = B, 70-79 = C, 60-69 = D, 59↓ = F (+/-at the instructors' discretion).

Grades will be posted on Sakai where you (and only you) can access your grade in order to protect your confidentiality and identity. Final grades will be available on line by May 17, 2013. Decimal points of .5 and greater will be rounded up. Decimal points below .5 will be rounded down. For the sake of fairness, there are no exceptions to this. No additional extra credit assignments will be possible at the end of the semester. *Please monitor your grades and come to me early with any concerns you may have so that we may help you achieve your goals.*

COPYRIGHT STATEMENT:

Some of the materials in this course are possibly copyrighted. They are intended for use only by students registered and enrolled in this course and only for instructional activities associated with and for the duration of the course. They may not be retained in another medium or disseminated further. They are provided in compliance with the provisions of the Teach Act.

ACADEMIC HONOR CODE:

Students are expected to uphold the Academic Honor Code published by Rutgers. The Academic Honor System of Rutgers is based on the premise that each student has the responsibility (1) to uphold the highest standards of academic integrity in the student's own work, (2) to refuse to tolerate violations of academic integrity in the university community, and (3) to foster a high sense of integrity and social responsibility on the part of the university community. Please see the following web site for a complete explanation of the Academic Honor Code:

http://academicintegrity.rutgers.edu/files/documents/AI_Policy_9_01_2011.pdf

Cheating and plagiarism WILL NOT BE TOLERATED. Plagiarism has been defined as “the unacknowledged use of another person’s work, in the form of original ideas, strategies, and research as well as another person’s writing, in the form of sentences, phrases, and innovative technology.” Plagiarism is a form of theft, and is a violation of the Academic Honor Code. If you have any question as to whether a particular action would constitute an act of plagiarism, please consult the Academic Honor Code or ask me.

AMERICANS WITH DISABILITIES ACT (ADA):

The ADA requires that all qualified persons should have equal opportunity and access to education, regardless of the presence of any disabling conditions. If you have a documented disability and need special provisions, please contact the Office of Disability Services for Students, Lucy Stone Hall, Livingston Campus, 54 Joyce Kilmer Ave, Suite A145, Piscataway, NJ 08845 (Phone: 848-445-6800) and notify me during the first week of class.

SYLLABUS CHANGE POLICY:

This syllabus is a guide for the course and is subject to change with advanced notice. Changes made will be noted on Sakai.

TOPIC AND EXAM SCHEDULEUnit 1: *Etiology, Classification, & Psychology as a Science*

Note: No class on January 31st

- Chapter 1: Looking at Abnormality
 - Chapter 2: Theories and Treatment of Abnormality
 - Chapter 3: Assessing and Diagnosing Abnormality
 - Chapter 4: The Research Endeavor
- Exam: Monday, February 11th, 2013

Unit 2: *Depression, Bipolar Disorder, & Suicide*

Chapter 7: Mood Disorders and Suicide

Selby et al. (2011). Overcoming the fear of lethal injury: Evaluating suicidal behavior in the military through the lens of the Interpersonal-Psychological Theory of Suicide. *Clinical Psychology Review*. **PDF AVAILABLE ON SAKAI!!**

Exam: Thursday, March 4th, 2013

Spring Break: March 16th – 24th No ClassUnit 3: *Anxiety Disorders & Schizophrenia*

Chapter 5: Anxiety Disorders

GUEST LECTURE on March 7th: *Positive Emotion and Psychopathology* – Amy Krantzler

Chapter 8: Schizophrenia and Related Psychotic Disorders

Exam: Thursday, April 4th, 2013

Unit 4: *Personality Disorders, Eating Disorders, & Substance Use Disorders*

Chapter 9: Personality Disorders

Chapter 12: Eating Disorders

Chapter 14: Substance Related and Impulse Control Disorders

Exam: Thursday, May 9th, 2013