

Personality Psychology

01:830:338:01

Spring 2022 Monday/Thursday
10:20-11:40am

Lucy Stone Hall AUD

Zoom:

<https://rutgers.zoom.us/j/98434169812?pwd=UCtZTkMjF2eWlMNkUStJNUZDZz09>

Password: 363846

Instructor and TAs



Instructor:

Lyra Stein, PhD (she/her/hers)

Email: Lyra@psych.rutgers.edu

Office Hours on Zoom Mondays 1-2

Zoom Link:

<https://rutgers.zoom.us/j/98638823259?pwd=bXBVUnh1c0swdzZ5VXhaQkU3UXEvUT09> Passcode: 901935

In person Wednesdays 2-3 in Tillet 221 (starting Feb. 2)

Graduate TA: Kathleen Cracknell (she/her/hers)

Email: kathleen.cracknell@rutgers.edu

Office Hour: By appointment

UNDERGRADUATE ASSISTANTS:

Feel free to contact your TA for tutoring or assistance with your paper. Please locate your TA by your last name.

Kelly Chang kelch4ng@gmail.com (A-C)

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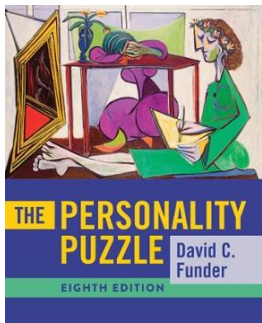
Course Description and Objectives

We will be discussing the major personality theories and contributing research evidence with particular emphasis upon motivation and dynamics of behavior. I want you to learn about yourselves, others and be able to:

- Describe and differentiate among the major psychological approaches which explain personality.
- Define and apply key personality concepts, terms, and theories.
- Identify and read original essays from the psychologists who have made major contributions to the understanding of personality.
- Explain research methodology and evaluate the merit of personality studies.
- Practically apply acquired insight of personality to one's own life



Instructional Resources



Required:

- 1) Funder, D. C. (2019). *The Personality Puzzle: Eighth Edition*. WW Norton & Company. ISBN: 0393421805
- 2) iclicker ISBN-13: 978-1498603058 (for the face to face class)
Will use TopHat if classes are remote for more than 3 weeks.

Content areas:

trait approach, biological approach, psychoanalytic approach, humanistic and cross-cultural approach, cognitive approach (learning, thinking, feeling and knowing approach)



TEACHING PHILOSOPHY:

My bias is to explore content areas in depth, as opposed to giving superficial coverage to many areas.. I believe education is a cooperative enterprise in which you have an active role. Therefore, I want to encourage active participation on your part during the course. Please don't hesitate to respond, question, and challenge. To facilitate this process, I will have scheduled discussions. I hope these experiences will allow you to apply the material we cover to your own lives.

LECTURES:

The class will meet in Lucy Stone Hall Aud starting Jan. 31. The class will take place over Zoom for the first 2 weeks during the scheduled class times. You can enter the Zoom meeting with the following link: <https://rutgers.zoom.us/j/98434169812?pwd=UCtZTktmMjF2eWIMNkJwUStJNUZDZz09>
Password: 363846. You must have a Rutgers Zoom account to join.

When you are logged into the Zoom site, please turn off your video and mute your audio. I will provide opportunities for you to ask questions and participate in the discussions if you wish. If you have questions or comments during the lectures, I will be monitoring the chat feed.

CLASS PARTICIPATION

The clicker system will allow for interactive class participation. When a question is presented on the PowerPoint during lecture, you will answer and receive 1 point for each question answered, and another point for each question answered correctly. The clicker total will be out of 50 points (I will present about 100-130 points worth of questions, therefore I am accounting for missed days). I will give you an extra credit point for every 10 points earned above 50 points. You can use the physical Iclicker remote or the Reef app. **If we are remote for more than 3 weeks, we will use TopHat**



Make sure to any address clicker issues within a week after the class in question. It is your responsibility to make sure your clicker points show up on Canvas within a week of each class period. Please do not contact me with clicker concerns more than a week old.

RESPECT FOR DIVERSITY

It is my intent that students from all diverse backgrounds and perspectives be well served by this course, and that the diversity that students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender, sexuality, disability, age, socioeconomic status, ethnicity, race, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally or for other students or student groups.

I acknowledge that we all come from different backgrounds and that we all can learn to be more understanding and well-versed on issues that do not directly affect us through providing a welcoming environment for all to discuss their experiences. With that being said, I intend for all class materials and activities to be respectful to all in the class.

CLASS ETIQUETTE:

In personality psychology, we will be discussing individual differences. Please keep in mind that while we can (and should) critique and comment on scientific findings, methods, theories, etc., we will not critique and/or question our classmates' experiences or identities. Offensive and disruptive behavior will not be tolerated.

ATTENDANCE POLICY:

You only need to earn 50 Clicker points by the end of the semester. You do not need to inform me when you do not attend class. If you have extenuating circumstances, please have an undergraduate Dean send me an email. Please do not leave lecture early: Besides distracting your fellow students, when I hear people leaving or packing their bags, I become very distracted. I end up losing my train of thought and will have to stop the lecture until the noise ceases. (P.S.: I understand that occasionally people must miss part of a class. If you intend to do so, please sit close to the door so you won't distract everyone)

Syllabus & Canvas Site: This contains everything you need to know about the course; **refer to it often**. I reserve the right to change this syllabus in writing or by announcement.

ASSESSMENTS



There will be three midterm exams (the best two of these will be added to your grade) and one cumulative final exam. I will drop the lowest of the three midterms (the final is mandatory). Test dates noted on the syllabus may be changed if needed; changes will be announced in class and on Canvas). You will need a #2 pencil for the in-class exams

There will be 15 quizzes which will consist of 20 questions each and will cover 1-2 chapters. You will have 1 hour to complete each quiz and will only have one chance to take the assessment. **Please make sure not to miss the closing date as I will not be able to open the quiz once it has closed.**

I will drop the lowest 5 quiz scores therefore your grade will be out of 10 quizzes.

Each midterm will consist of 50 multiple choice items (75 for the final)

ACCOMMODATIONS

Appropriate accommodations will be made for students with disabilities.

Students with disabilities requesting accommodations must follow the procedures outlined at <http://disabilityservices.rutgers.edu/request.html>

Final Paper

If I cannot open your assignment or you submit the wrong assignment, you will receive a 0. Please make sure that your paper can be submitted to Turnitin- Google Docs will not be accepted. It is your responsibility to ensure that they correct version of the correct assignment is uploaded to the assignments tab.

The required assignment must be uploaded to assignments tab (not emailed) by April 14! Be sure to submit before 11:50 pm as the assignments tab will close.

This paper will have you describe a **fictional character** from a movie, TV show or book from the perspective of the Five-Factor Model and another theory of your choice from one of the following perspectives: 2) biological, 3) psychoanalytic 4) existential and 5) learning, thinking feeling. The paper should be no shorter than 3 pages and no longer than 8 pages in length (double-spaced, 12 pt. font, Times New Roman, 1" margins).

Please divide you paper into the following sections and clearly label each of the following:

- 1) Analyze your character from each of the five-factors **and give two observations** supporting how the character would score on each factor. Make sure to use information from the text or lecture to help explain your decision about where the character would score on each factor. **(20 Points)**
- 2) Chose another specific **theory, not perspective** (not related to traits or types). Describe your character from this theory and give at least two instances of your characters life that relates to the theory. **(20 points)**
- 3) Include reasons for why your character may have developed their personality (genetics, family, environment, etc.). Speculate based on the characters situation, family, genetics, upbringing, etc. **(7 points)**
- 4) In-text citations and a reference page **(3 points)**

Be sure to include references either for the text or PowerPoint slides. You must include in-text citations and a reference page (you do not need a title page or abstract).

Cheating and Plagiarism

Short version: Don't cheat. Don't plagiarize.

Longer version: Cheating on tests or plagiarizing materials in your papers deprives you of the educational benefits of preparing these materials appropriately. It is personally dishonest to cheat on a test or to hand in a paper based on unacknowledged words or ideas that someone else originated. It is also unfair, since it gives you an undeserved advantage over your fellow students who are graded on the basis of their own work. In this class we will take cheating very seriously. All suspected cases of cheating and plagiarism will be automatically referred to the Office of Judicial Affairs, and we will recommend penalties appropriate to the gravity of the infraction. The university's policy on Academic Integrity is available at <http://academicintegrity.rutgers.edu/academic-integrity-policy>¹ I strongly advise you to familiarize yourself with this document, both for this class and for your other classes and future work. To help protect you, and future students, from plagiarism, we require all papers to be submitted through Turnitin.com.

Since what counts as plagiarism is not always clear, I quote the definition given in Rutgers' policy:

Plagiarism: Plagiarism is the use of another person's words, ideas, or results without giving that person appropriate credit. To avoid plagiarism, every direct quotation must be identified by quotation marks or appropriate indentation and both direct quotation and paraphrasing must be cited properly according to the accepted format for the particular discipline or as required by the instructor in a course. Some common examples of plagiarism are:

- Copying word for word (i.e. quoting directly) from an oral, printed, or electronic source without proper attribution.
- Paraphrasing without proper attribution, i.e., presenting in one's own words another person's written words or ideas as if they were one's own.
- Submitting a purchased or downloaded term paper or other materials to satisfy a course requirement.
- Incorporating into one's work graphs, drawings, photographs, diagrams, tables, spreadsheets, computer programs, or other nontextual material from other sources without proper attribution.²

Honor pledge:

You are not allowed to screenshot questions, copy questions, or distribute the questions to any individual or onto any website. Anyone who does this will fail the exam and possibly the course. You also may not communicate with others during the exam, which is grounds for failure according to the Rutgers office of academic integrity and student conduct. By clicking "Begin Assessment," on the exams, you agree to these conditions.

Here are some links for APA Style:

<http://owl.english.purdue.edu/owl/resource/560/02/>
<http://owl.english.purdue.edu/owl/resource/560/03/>
<http://owl.english.purdue.edu/owl/resource/560/05/>
<http://owl.english.purdue.edu/owl/resource/560/06/>
<http://owl.english.purdue.edu/owl/resource/560/07/>
<http://owl.english.purdue.edu/owl/resource/560/08/>
<http://owl.english.purdue.edu/owl/resource/560/09/>
<http://owl.english.purdue.edu/owl/resource/560/10/>
<http://owl.english.purdue.edu/owl/resource/560/11/>

Please contact an undergraduate TA with any specific questions references

¹ This web link was corrected on Sept. 13, 2015. S. Lawrence

² <http://academicintegrity.rutgers.edu/academic-integrity-policy/> Updated with the University's current language on July 13, 2012 and web link was corrected on Sept. 13, 2015. S. Lawrence.

ADDITIONAL CREDIT

For every 10 Clicker Points above 50, you will be given an extra credit point. You may **only complete 2 extra credit** assignments listed below. This does not include the movie, which is separate.



Option 1: Engage in a class discussion (5 points) I have topics listed on the Canvas calendar where you can sign up.

- 1) Read the issue and decide if you would like to participate in the "yes" or "no" arguments. The 10:20 time slot is for the "yes" side and the 10:30 time slot is for the "no" side.
- 2) Sign up for a time slot under the debate in which you wish to engage.
- 3) Read the essays posted to Canvas under "discussion topics" and prepare for a short presentation to present to the class (about 1 Min.). You should prepare to speak for about a minute during opening arguments.
- 4) You do not need to submit your arguments in writing, but they should be well-thought out and logical.
- 5) **You can only participate in one debate**

I will give 5 EC points for insightful participation in the debate without an official sign-up.

Option 2: Article Summaries (4 points)-make sure to include information from the course (use the book as the reference) YOU MUST REFERENCE COURSE MATERIAL.

- 1) Find 2 articles relating to one of the topics we are studying in the popular press I will be posting interesting articles on the FB site or find your own.
- 2) Summarize (about 1.5 pages each) the article and **be sure to include how it relates to the topic covered in class.**
- 3) Make sure that you include in-text references along with a reference page -in proper APA style.
- 4) The articles do not have to be related to each other.

Due 4/25 by 11:50pm

Option 3: Trait Psychology (5 points)

Here are the steps required to complete the exercise.

1. Go to <http://www.personal.psu.edu/faculty/j/5/j5j/IPIP/>
2. Click "Follow this link if you wish to complete the original IPIP-NEO"
3. Go to the 4th "bulleted" line on the page and click "take the shorter version"
4. Click "yes" to both queries on the page that comes up, go to the bottom of the page and click SEND. That will activate the first 60 items of the test.
5. Look over your results and write brief paper (3 pages) about how accurately you think the results describe your personality. Include your impressions of the system's primary strengths and weaknesses in terms of describing you and as a research tool in personality psychology. Comment on the validity and reliability of the assessment. **You must also address comparisons to your MBTI results**

Due 2/14 by 11:50pm

Option 4: Personal narrative (5 points) Tell the story of your life depicting your past, present and future.

- 1) Create a personal narrative of your life.
- 2) Make sure that you have 6 events, some from the past, present and future that are the basis for your narrative. These events should be presented as a cohesive story that explores your personality.
- 3) The reflective paper should be at least 3 double spaced pages and does not require references.

Due 3/10 by 11:50pm

For option 2: you will need to present information from the course (use the textbook as the reference). I will be running the assignments through Turnitin-please be sure not to plagiarize.

Extra Credit Movies

You may only earn credit for 1 movie

During the semester I will be offering extra credit movies over Zoom (5 points). We will watch a movie together on Zoom and discuss the movie in the chat. To receive credit, you should post at least twice about **relevant information during the movie relating to class theories**. **Make sure that the comment coincides with the scene in the film and that the comment is short enough that we can read and respond**. **In addition, you should be present on Zoom for the entire movie**. A Google Doc will be available for you to sign out at the end of the movie. If you post inappropriate material, you will not receive credit.

Inevitably every semester there are students who are not happy with their grades and seem to not be concerned until the day before the final. Please do not put yourself in that position and make sure that you keep up with the class throughout the semester. The following are some tips on how you should study for the exams:

If you want to learn the subject matter well, read the assigned material before the lecture, review the power points after the lecture, quickly go over it again a day or two later, and then re-read the notes and the chapter for a few days before the exam. Memory researchers have established that you will understand and remember something better by studying it several times spread out over days than by studying the same amount of time all at once. The study guides are provided for you to **define the concepts in your own words**.



When you study, don't just read the text and lecture notes but stop and think about the material. The more actively you use the material, the better you will remember it. Also test yourself! There will be practice questions posted for each exam.

COMMUNICATION:

I created a Facebook group for this class called Personality Psychology at Rutgers <https://www.facebook.com/groups/443362335791207/> . I will be posting articles and psychology related issues to enhance your knowledge of the area.

Please DO NOT email me concerning a change of grade for any reason other than a miscalculation. I will not respond to any pleas for grade changes after the final points are calculated.

HOW TO PERFORM WELL IN THIS CLASS:

- Attend class and engage in class discussions.
- Complete every quiz on time.
- Read the assigned material carefully and closely, taking notes in your own words. Stop after each paragraph or two and make sure you understand the important points. You should end up with many pages of notes for each chapter, which are now your study materials. Outline the chapters **in your own words** with information from the book and lecture.
- At least a week before the exam, begin studying your notes on the readings and your notes from class. Get more information about concepts you do not understand by contacting me or working with your undergraduate TA.
- Work actively with the course material: develop your own examples of concepts; explain in your own words how certain topics in psychology are studied; draw models of the concepts; organize the material in each chapter in ways that make sense for you; compare your class notes to the textbook; etc.
- Contact me or your undergraduate TA to ask questions or just to talk about the material. I would be happy to look at your notes and study materials to see if I have any advice for you.
- Work productively during class. During class we will actively analyze, apply, and evaluate the text material.

The faculty and staff at Rutgers are committed to your success. Students who are successful tend to seek out resources that enable them to excel academically, maintain their health and wellness, prepare for future careers, navigate college life and finances, and connect with the RU community. Resources that can help you succeed and connect with the Rutgers community can be found at success.rutgers.edu.

EVALUATION

Evaluations are based on:

| | |
|--|----------------------|
| Quizzes | 200 points (10 x 20) |
| Two hourly exams (50 questions) | 200 points (2 x 100) |
| Final examination worth (75 questions) | 150 points |
| Final Paper | 50 points |
| Clicker points | <u>50 points</u> |
| Total Points possible | 650 |

A: 585-650 points, B+: 553-584 points, B: 520-552 points, C+: 488-519 points, C: 455-487 points, D: 390-454 points, F: 0-389 points

LECTURE TOPICS AND READING:

****(All dates are approximate and changes will be announced in class)****

| Date | Topic | Reading | Assignments Due (10:20am) |
|------------------------|--|---------|---------------------------|
| Th 1/20 ZOOM | The Study of the Person | Ch. 1 | |
| M 1/24 ZOOM | Personality Research Methods | Ch. 2 | |
| Th 1/27 ZOOM | Personality Assessemnt: Effect Size, Replicability, and Open Science | Ch. 3 | |
| M 1/31 | Persons and Situations | Ch. 4 | Quiz 1 due (chapters 1-2) |
| Th 2/3 | Persons and Situations /Traits and Types | Chs.4/6 | Chapter 3 quiz due |

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|----------------|---|---------------|---|
| M 2/7 | Traits and Types | Ch. 6 | Chapter 4 quiz due Come to class with Jung Typology Test (MBTI) results for activity http://www.humanmetrics.com/cgi-win/JTypes2.asp |
| Th 2/10 | Personality Stability, Development and Change | Ch. 7 | Chapter 6 quiz due |
| M 2/14 | EXAM 1 (Chapters 1,2,3,4,6,7) (On Canvas) | | Chapter 7 quiz due Trait Extra Credit Due by 11:55pm |
| Th 2/17 | Anatomy and Physiology of Personality | Ch. 8 | |
| M 2/21 | Anatomy and Physiology of Personality/Inheritance of personality | Chs. 8/9 | |
| Th 2/24 | Inheritance of Personality | Ch. 9 | Chapter 8 quiz due |
| M 2/28 | Evolutionary Psychology/ Basics of Psychoanalysis | Chs. 9/10 | |
| Th 3/3 | Basics of Psychoanalysis/ Psychoanalysis after Freud | Chs. 10/11 | Chapter 9 quiz due |
| M 3/7 | Psychoanalysis after Freud | Ch.11 | Chapter 10 quiz due |
| Th 3/10 | EXAM 2 (Chapters 8-11) (in person) | | Chapter 11 quiz due Personal Narrative EC Due by 11:50pm |
| M 3/14 | NO CLASS-SPRING BREAK | | |
| TH 3/17 | NO CLASS-SPRING BREAK | | |
| M 3/21 | Humanistic Psychology, Positive Psychology and the Science of Happiness | Ch. 12 | |
| Th 3/24 | Humanistic Psychology, Positive Psychology and the Science of Happiness | Ch. 12 | |
| M 3/28 | Humanistic Psychology /Cultural Variation in Experience, Behavior, and Personality | Chs. 12/ 13 | |
| Th 3/31 | Cultural Variation/ Personality Processes: Learning, Motivation, Emotion and Thinking | Ch. 13/Ch. 14 | Chapter 12 quiz due |
| M 4/4 | Personality Processes: Learning, Motivation, Emotion and Thinking | Ch. 14 | Chapter 13 quiz due |
| Th 4/7 | Personality Processes/The Self: What You Know About You | Ch. 14 | |
| M 4/11 | Exam 3 (Chapters 12-14) (in person) | | Chapter 14 quiz due |
| Th 4/14 | The Self: What You Know About You | Ch. 15 | Final paper due by 11:50pm |

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|---------|---|-------------|---|
| M 4/18 | The Self: What You Know About You /Personality in Business | Chs. 15/ 16 | |
| Th 4/21 | Personality in Business/Personality Disorders | Chs. 16/17 | Chapter 15 quiz due |
| M 4/25 | Personality Disorders/Personality and Physical Health | Ch. 17 | Chapter 16 quiz due Article summaries EC due by 11:50pm |
| Th 4/28 | Personality and Physical Health/Lecture on Good and Evil | | |
| M 5/2 | Lecture on Good and Evil | | |
| TBD | Final-cumulative emphasis on last chapters (in person) | | Chapter 17 quiz due |

Student-Wellness Services:

Counseling, ADAP & Psychiatric Services (CAPS)

(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901 / www.rhscaps.rutgers.edu

CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students' efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

Violence Prevention & Victim Assistance (VPVA)

(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / www.vpva.rutgers.edu

The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

Disability Services

(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / <https://ods.rutgers.edu>

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: <https://ods.rutgers.edu/students/documentation-guidelines>. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: <https://ods.rutgers.edu/students/registration-form>.

Scarlet Listeners

scarlet.listeners@gmail.com

Free and confidential peer counseling and referral hotline, providing a comforting and supportive safe space. If you've got something going on and would like someone to listen, you can reach out to our partner hotline, CONTACT We Care, at 908-232-2880, or the National Suicide Prevention Lifeline which is open 24/7 at 1-800-273-TALK (1-800-273-8255).