

# General Psychology

Fall 21; Sec 06, Asynchronous

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Welcome to Psychology 101 at Rutgers. This course will introduce you to the various topics and issues in the scientific exploration of mind and behavior. By the end of the semester, you should be well prepared to go on to study more advanced courses in our department. Along the way you will discover what psychologists have learned that can enrich your studies, your relationships, your health, and other important aspects of your life.

## SAS Core Curriculum Goals

This course satisfies the Social Analysis (SCL) Learning Outcome Goal of the SAS Core Curriculum. Specifically, students who successfully complete this course will be able to:

- Explain and assess the relationship among assumptions, method, evidence, arguments, and theory in social and historical analysis
- Apply concepts about human and social behavior to particular questions or situations.



## Required Materials:

Myers/DeWall, Psychology in Everyday Life 5e for [LaunchPad](#): ISBN: 9781319241551

(Or, purchase a bundle that includes a loose-leaf copy of the text (suggested, not required), as well as access to the etext and LaunchPad assignments: ISBN: 9781319332389)

## Accessing textbook and REQUIRED [LaunchPad](#) assignments

Access to our LaunchPad section (includes etext and LearningCurves) **is required.**

**To enroll in our LaunchPad section**, go to <https://www.macmillanhighered.com/launchpad/pel5e/17706035>

LaunchPad support: <https://macmillan.force.com/macmillanlearning>

A copy of the syllabus, announcements, and the schedule of assignments can be found on our **Canvas** site.

## Course Requirements and Grading

10% - **Textbook-based mastery quizzes** (“LearningCurves”); 2 or 3 per chapter

- PURPOSE: Encourage and reward you for keeping up with the reading
  - These are Credit/No Credit, but you have an unlimited number of opportunities to reach “mastery” for each one (before its due date). No late submissions accepted.
  - There are 32. You may miss up to 4 and still receive full credit.
  - Note: These due dates will NOT show up on the Canvas dashboard or calendar, etc.

20% - **Collaborative asynchronous discussions** for each chapter (“Did You Know?”)

- PURPOSE: Gather information **you** are interested in and will use in preparing Projects 1 and 2; Support and be supported by classmates in gathering useful information for Projects 1 and 2

30% - **Application assignments** (1 per week)

- PURPOSE: Think critically about what you’ve read or watched and apply the content to your life or other real-world situations.
  - These usually consist of multiple short answer/short essay questions based on the reading and/or videos for the week.

40% - **2 Projects** (20% each)

- PURPOSE: Document, apply, and reflect on what you’ve learned.

**Also Required:** Fulfill the Research Participation requirement (see below)

## **Research Participation Requirement**

Research is an essential part of the field of psychology. It is important for students to be exposed to actual participation as a subject in an experiment, or at the very least to learn from technical articles how research is done.

Therefore, all sections of General Psychology require either **5** “Research Participation Units” (RPUs) of experiment participation (Option 1) or an alternate assignment of writing two papers summarizing psychological research articles (Option 2). See Canvas for due dates for our section. Details on fulfilling this requirement can be found [here](#).

**IMPORTANT:** Failure to satisfy this requirement will result, by department policy, in a reduction of your final course grade.

## **Extra Credit**

There will be several opportunities for extra credit available in LaunchPad.

Extra credit will also be awarded for completing above the minimum (28) LearningCurves

I do not provide **individual** extra credit opportunities, for any reason. If you are worried about your grade, **visit my office hours WELL before the end of the semester** so that I can help you learn the material to the best of your ability.

## **Academic Integrity**

The policies found in the [Rutgers Academic Integrity Policy](#) will be enforced for this class.

## **For assistance and resources for learning in a remote environment:**

[https://rlc.rutgers.edu/remote\\_instruction](https://rlc.rutgers.edu/remote_instruction)

## **Technology Requirements:**

As an asynchronous class, you will not have to be able to be online at specific times. However, all of the reading and assignments require internet access to complete and there will be multiple due dates every week, so you must have reliable access to the internet throughout the semester.

Please visit the [Rutgers Student Tech Guide](#) page for resources available to all students. If you do not have the appropriate technology for **financial** reasons, please email Dean of Students [deanofstudents@echo.rutgers.edu](mailto:deanofstudents@echo.rutgers.edu) for assistance. (If you are facing other financial hardships, please visit the Office of Financial Aid at <https://financialaid.rutgers.edu/>.)

**Canvas help:** <https://it.rutgers.edu/help-support/>

## **Disability Services**

**(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / <https://ods.rutgers.edu/>**

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: <https://ods.rutgers.edu/students/documentation-guidelines>. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: <https://ods.rutgers.edu/students/registration-form>.

## **Having Personal Troubles? Not Sure Where to Turn?**

### **Dean of Students**

See your [Dean of Students](#). “Our office helps students with exceptional difficulties due to medical, emotional, social, psychological, financial, confidential or family-related issues. We may provide letters to faculty for extended (a week or more) absences or circumstances that are complex, confidential or sensitive in nature. In these instances, the Dean’s role is to verify documentation of the student’s situation. The final decision is always up to the faculty regarding make up exams, extensions, or other options.”

### **Student-Wellness Services:**

#### **Counseling, ADAP & Psychiatric Services (CAPS)**

**(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901/ <http://health.rutgers.edu/medical-counseling-services/counseling/>**

CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students’ efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

**Crisis Intervention** : <http://health.rutgers.edu/medical-counseling-services/counseling/crisis-intervention/>

**Report a Concern:** <http://health.rutgers.edu/do-something-to-help/>

#### **Violence Prevention & Victim Assistance (VPVA)**

**(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / [www.vpva.rutgers.edu/](http://www.vpva.rutgers.edu/)**

The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

### **Financial Hardship**

If you do not have the appropriate technology for financial reasons, please email Dean of Students [deanofstudents@echo.rutgers.edu](mailto:deanofstudents@echo.rutgers.edu) for assistance.

If you are facing other financial hardships, please visit the Office of Financial Aid at <https://financialaid.rutgers.edu/>.

## Course Schedule

Unforeseen circumstances may require a change in due dates. Please check Canvas for updates.

DATE	TOPIC	Assignment Due	NOTES
Wed 9/1	Welcome Unit/ Live Your Best Life!		Log in to our LaunchPad course Get started learning! <b>Free trial period available</b>
9/2			
9/3		“Getting Started,” and “Assess Your Strengths” activities (LaunchPad) (Extra Credit)	
9/4			Start Reading Chapter 1 Use the free trial in LaunchPad if needed
Sun 9/5		Introduce Yourself ---- Pre-Course Knowledge and Belief Inventory	These assignments are in Canvas
Mon 9/6 (No Classes)			Happy Labor Day No Classes
9/7	Ch 1: Psychology is a Science	LearningCurve 1a (In LaunchPad)	
9/8 (Monday classes)		LearningCurve 1b	Add LearningCurve due date reminders to your calendar!
<b>9/9</b>		Replies to Introductions	
9/10			
9/11			
Sun 9/12		Application Qs	Application Qs are in Canvas
Mon 9/13	Ch 2: The Biology of Behavior and Consciousness	LearningCurve 2a	<b>There are 3 LearningCurves for this Chapter</b>
9/14			
9/15		LearningCurve 2b	
9/16		LearningCurve 2c ----- Ch 2 Did You Know?	
9/17			Check <a href="#">RPU</a> opportunities regularly Don't wait until the end of the semester!
9/18			
Sun 9/19		Ch 2 Application ---- Ch 2 Did You Know Replies	

DATE	TOPIC	Assignment Due	NOTES
Mon 9/20	Ch 6: Learning	LearningCurve 6a	
9/21			
9/22		LearningCurve 6b	
9/23		Ch6 Did You Know? (DYK)	
9/24			
9/25			
Sun 9/26		Ch 6 Application --- Ch 6 DYK Replies	Check Canvas for any comments I may have left on your assignments
Mon 9/27	Ch 7: Memory	LearningCurve 7a	
9/28			
9/29		LearningCurve 7b	
9/30		Ch 7 DYK	
10/1			
10/2			
Sun 10/3		Ch 7 Application ---- Ch 7 DYK Replies	Start creating Project 1
Mon 10/4	Ch 8: Thinking, Language, Intelligence	LearningCurve 8a	
10/5		LearningCurve 8b	
10/6		Ch 8 DYK	
10/7			
10/8			
10/9			If you're doing RPU Option 2, start looking for an interesting article
Sun 10/10		Ch 8 ---- Ch 8 DYK Replies	Send your article to me for approval (optional)

DATE	TOPIC	Assignment Due	NOTES
Mon 10/11	Ch 9: Motivation and Emotion	LearningCurve 9a	If you are doing RPU Option 1, you should aim to have 1 or 2 RPUs by now
10/12			Check back regularly for new studies
10/13		LearningCurve 9b	
10/14		Ch 9 DYK	
10/15			
10/16			
Sun 10/17		Ch 9 Application ---- Ch 9 DYK Replies	RPU Option 2 Paper # 1 due in a week. Get started writing!
Mon 10/18	Ch 10: Stress, Health, Human Flourishing	LearningCurve 10a	
10/19			
10/20		LearningCurve 10b	
10/21		Ch 10 DYK	
<b>10/22</b>			
10/23			
Sun 10/24		Ch 10 Application ---- Ch 10 DYK Replies --- RPU Option 2 Paper #1*	*Only for students choosing Option 2

DATE	TOPIC	Assignment Due	NOTES
Mon 10/25	Ch 5: Sensation and Perception	LearningCurve 5a	
10/26			
10/27		LearningCurve 5b	
10/28		CH 5 DYK	
10/29			RPU Option 2: keep checking for opportunities
10/30			You should have at least 3 completed by now
Sun 10/31		Ch 5 Application ---- Ch 5 DYK Replies	
Mon 11/1	Ch 3: Developing Through the Lifespan	LearningCurve 3a	There are 3 LearningCurves for this Chapter
11/2			
11/3		LearningCurve 3b	
11/4		LearningCurve 3c ---- Ch 3 DYK	
11/5			Project 1 due in a week
11/6			
11/7		Ch 3 Application ---- Ch 3 DYK Replies	
Mon 11/8	Ch 4: Sex, Gender, and Sexuality	LearningCurve 4a	Project 1 due this Fri
11/9			
11/10		LearningCurve 4b	
11/11		Ch 4 DYK	
11/12		<b>PROJECT 1</b>	
11/13			
Sun 11/14		Ch 4 Application ---- Ch 4 DYK Replies	

DATE	TOPIC	Assignment Due	NOTES
Mon 11/15	Ch 11: Social Psychology	LearningCurve 11a	There are <b>3 LearningCurves</b> for this Chapter
11/16			
11/17		LearningCurve 11b	
11/18		LearningCurve 11c --- Ch 11 DYK	
11/19			
11/20			
Sun 11/21		Ch 11 Application --- Ch 11 DYK Replies	
Mon 11/22 (Wed Classes)	Ch 12: Personality	LearningCurve 12a	LC 12b and DKY <b>TUES</b> this week
<b>Tues 11/23</b>		LearningCurve 12b --- Ch 12 Did You Know?	
11/24	Happy Thanksgiving!!!		
11/25			
11/26			
11/27			
Sun 11/28			
<b>Mon 11/29</b>		Ch 12 DYK Replies ---- Ch 12 Application	
<b>11/30</b>	Ch 13: Psychological Disorders	LearningCurve 13a --- LearningCurve 13b	There are <b>3 LearningCurves</b> for this Chapter
12/1		LearningCurve 13c	
12/2		Ch 13 DYK	
12/3			Get started writing Project 2 if you haven't already
12/4			RPU Option 2: Send me your article for Paper #2 soon (optional)
12/5		Ch 13 Application ---- Ch 13 DYK Replies	
DATE	TOPIC	Assignment Due	NOTES



Mon 12/6	Ch 14: Therapy	LearningCurve 14a	RPU Option 2 Paper #2 due in a week
12/7			
12/8		LearningCurve 14b	
12/9		Ch 14 DYK	Project 2 due in a week
12/10			
12/11			
Sun 12/12		Ch 14 Application ---- Ch 14 DKY Replies	
Mon 12/13		RPU Option 2 Paper #2 due	Last Day of Classes
12/14	Reading Days		
12/15			
Thurs 12/16		<b>Project 2</b>	Finals Begin