

# **Abnormal Psychology Lab**

**Spring 2020**

**Section: 830:341:04**

**Wednesday 6:40 – 8:00PM**

**Faculty Supervisor:** Edward Selby, Ph.D.

**Instructor:** Rachel Rosen, B.S.

**Office Hours:** By Appointment

**Contact Information :** [r.rosen@rutgers.edu](mailto:r.rosen@rutgers.edu)

**Textbooks:** Any required reading for this class will be distributed during class or posted on Sakai. However, you may find it helpful to purchase the Publication Manual of the American Psychological Association: Current Edition (\$28.00) if you do not own it already.

**Purpose:** The ability to understand and conduct empirical research is essential for students interested in clinical and abnormal psychology. This course is designed to help you develop the necessary knowledge and skills to engage in research as a clinical scientist. We will learn the basic steps involved in conducting a study in clinical psychology (e.g., formulating hypotheses, choosing measures, collecting and analyzing data). As a student in this course, you will be immersed in every step of the process, and will come away with a solid foundation in research in abnormal and clinical psychology, which is necessary for graduate training. A comprehensive research report (i.e. a research paper) **in APA format** is due at the end of the class. The course is restricted to undergraduate majors in psychology who have taken Quantitative Methods and Abnormal Psychology. It is designed to meet one lab course requirement of the psychology major. Like any lab course, *this class requires more than the average amount of work for you to earn a high grade.*

**Attendance and Assignments:** Because this course is challenging and we cover a lot of material in every class, you are expected to attend *every class*. Inconsistent attendance will result in a lowered grade. In addition, **you must arrive on time to lab**. If you are more than 15 minutes late, you will lose 1 point for attendance. You must contact me ahead of time if you will need to miss class. Absences will only be excused with the presentation of a dean's note or other comparable notification. There are no make-up assignments for in-class work.

Late homework assignments will be docked 2 deserved points per day for up to 3 days. This includes assignments turned in at any point after the deadline (i.e., assignments due at 12pm that are turned in at 12:01pm will lose 2 deserved points. **Homework assignments more than 3 days late will not be accepted.**

**Note: Late research papers will lose 10 deserved points per day. Make-up presentations will not be permitted.**

**NOTE:** If you miss two classes, you will be placed on probation. **If you miss three or more classes, you will automatically receive an “F” for the course.**

**Core Requirements:** This course has been certified as satisfying four of the Writing and Communication Learning Outcome Goals (including WCR and WCD) of the SAS Core Curriculum. Specifically, students will be able to:

- a) Respond effectively to editorial feedback from peers, instructors, and/or supervisors through successive drafts and revision (WCR)
- b) Communicate effectively in modes appropriate to a discipline or area of inquiry (WCD)
- c) Evaluate & critically assess sources & use the conventions of attribution & citation correctly
- d) Analyze and synthesize information and ideas from multiple sources to generate new insights.

**Course website:** If you are properly registered for the course, you have access to the course website through Sakai. There you will find copies of all slides and handouts, study guides, and special notices. **If you have questions about the course this should be the first place you look for an answer.** It is important to note that the syllabus is subject to change, so please consistently check the syllabus on Sakai so that you are aware of these changes.

**Computer Room (Room 101):**

- No food or drink is allowed in the computer lab!
- Do NOT save things on the desktops! They can be cleared every time you log off.
- Do NOT download anything non-class related!
- Use of the computers is a privilege, and inappropriate use of the computers may result in loss of that privilege. The computers are to be used for **class work only**, that means that you should not be using them during lecture. If you are on the computer and not paying attention during lecture, your computer privileges will be revoked.

**Students with disabilities:** Any student who feels he or she needs accommodation for a physical or learning disability should contact the Office of Disability Services (151 College Ave, Suite 123; phone 732-932-2848) and read more about Rutgers’ policy at <https://ods.rutgers.edu>. If you request accommodations for this course, you will need a letter from Disability Services. This letter must be provided to me **by our second class**, at which point you may make a request for course-specific accommodations. The Chair of Undergraduate Psychology and I will review your request and may choose to modify it before it is approved.

**Student office hours:** My office hours are by appointment only and are available to any student who would like to meet for any reason. Please try to contact me several days in advance. We can also meet before or after class if you schedule with me in advance. I welcome and encourage any

student to contact me if he or she has any questions concerning an assignment or something covered in class.

**Plagiarism:** All work that students turn in must be their own work. Students *should not* work collaboratively on assignments without prior approval from the instructor. Any outside sources (including help from other people) must be appropriately referenced in all written work. Turning in someone else's work as your own is completely unacceptable. This includes downloading information from the web and pasting it into your paper. Submitting work that you previously submitted for another class or assignment is also plagiarism. All written assignments will be checked for plagiarism using Turnitin, and online plagiarism service. **Any student who plagiarizes on any assignment will, at the very least, receive a failing grade for the course.** More severe consequences (e.g., expulsion) are also possible. More about academic integrity can be found at <http://academicintegrity.rutgers.edu>.

**Turning in Assignments:** All assignments, drafts, and final papers will be turned in on Sakai. These must be typed (times new roman, double-spaced, 12pt font) and submitted as a word (or pages) document. PDF files will **not** be accepted. All assignments will be turned in on the assignments tab.

**Assignments and Grading:** All assignments are due by 12pm on Wednesdays, unless otherwise noted.

- 7 Graded Homework Assignments: 10 points each (70 total)
- Class Participation and Attendance: 30 points
- 2 Peer Reviews: 10 points each (20 points total)
- Daily Logs: 10 points
- Research Paper: 50 points
- Partner Project/Presentation: 20 points
- Extra Credit: up to 6 points

**Total: 200 points**

**Grade Breakdown:**

A = 90% and higher

C+ = 77-79%

F = Below 60%

B+ = 87-89%

C = 70-76%

B = 80-86%

D = 60-69%

**Extra Credit:**

Students can write three, 1-page literature reviews on a clinical psychology research article for 2 extra credit points each at any point during the semester (limited to 3 reviews).

- You must send me the article you plan to write about beforehand, so that I can approve it
- Unlike other assignments, you will not get any points if you turn this in late

- *All literature reviews must be submitted by May 1<sup>st</sup> at 11:55pm.*

**Description of two main projects/assignments:**

**Partner Project/Presentation:** With a partner, prepare a presentation describing a psychiatric diagnosis, one empirically supported treatment for that disorder, and evidence in support of that treatment. All work will be completed in class with a partner.

**Research Project/Paper:** As a class, we will investigate whether meditation improves positive mood and decreases negative mood. Students will be involved in data collection, analysis and report writing. Students will write an APA style research paper with all required sections (i.e., Abstract, Introduction, Method, Results, Discussion, References).

## Spring 2020 Schedule

Week	Date	Topic	In Class Activities	Homework Assigned
1	1/29	<b>Introduction to Class</b> – Intro to Instructor and Classmates, Overview of Course		<b>1. No Homework</b>
2	2/5	<b>The Scientific Method</b> – Asking and answering scientific questions, review of mindfulness, intro to class project <b>Hypotheses</b> – How to formulate hypotheses <b>Intro to Research Project/Paper</b>	1. Read Full Catastrophe Living 2. Baseline Measures	<b>1. Begin Mindfulness Log (see template on Sakai)</b>
3	2/12	<b>APA Style Writing</b> – Intro to APA Style writing <b>Literature Reviews</b> – What research articles are, how to read them, how to do a literature review	1. Find 8 articles for research project	<b>1. Graded Homework #1: Lit Review/Article Summaries for Research Project (8 articles; see example on Sakai)</b> <b>2. Continue Mindfulness Log</b>
4	2/19	<b>Introduction Section</b> – Overview of how to write an introduction section	1. Make outline for introduction 2. Peer Review of introduction outline	<b>1. Graded Homework #2: Write Introduction Section</b> <b>2. Continue Mindfulness Log</b>
5	2/26	<b>Methods Section</b> – Overview of how to write a methods section	1. Begin method section 2. Peer Review of method section	<b>1. Graded Homework #3: Write Method Section</b> <b>2. Finalize Mindfulness Log</b> <b>3. Graded Homework #4: Follow-up Measures</b>
6	3/4	<b>Data Analysis</b> – SPSS data analysis <b>Results Section</b> – Overview of how to write a results section	1. Begin results section	<b>1. Graded Homework #5: Write Results Section</b> <b>2. Finalize Mindfulness Log</b>
7	3/11	<b>Discussion Section, Title Page, Abstract, and References</b> – Overview of how to write a discussion section, title page, abstract, and references	1. Begin discussion section, title page and abstract	<b>1. Graded Homework #6: Write Discussion</b> <b>2. Graded Homework #7: Write Abstract</b>
8	3/18	Spring Break		
9	3/25	<b>Review/In-Class Help for Research Paper</b>	1. In class help with the research paper	<b>1. Finalize Research Paper – Due 4/1 @ 11:55pm</b>
10	4/1	No Class – Instructor at Research Conference - <b>Research Paper Due at 11:55pm (on 4/1)</b>		
11	4/8	No Class – Observing Passover Holiday		
12	4/15	<b>Work on Partner Project</b>	1. Intro to partner project 2. Work on partner project	
13	4/22	<b>Work on Partner Project</b>	1. Work on partner project	
14	4/29	<b>Partner Project Presentations</b>	1. Present partner project	