# General Psychology

Fall 20; Sec 90, Asynchronous Remote
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Welcome to Psychology 101 at Rutgers. This course will introduce you to the various topics and issues in the scientific exploration of mind and behavior. By the end of the semester, you should be well prepared to go on to study more advanced courses in our department. Along the way you will discover what psychologists have learned that can enrich your studies, your relationships, your health, and other important aspects of your life.

## **SAS Core Curriculum Goals**

This course satisfies the Social Analysis (SCL) Learning Outcome Goal of the SAS Core Curriculum. Specifically, students who successfully complete this course will be able to: a) Explain and assess the relationship among assumptions, method, evidence, arguments, and theory in social and historical analysis

b) Apply concepts about human and social behavior to particular questions or situations.



## **Required Materials:**

Myers/DeWall, Psychology in Everyday Life 5e LaunchPad ISBN: 9781319241551

(Or, if you want to purchase a bundle that includes a loose-leaf copy of the text (suggested not required) along with access to the etext and LaunchPad assignments, use this ISBN: 9781319332389

**Consistent access to internet is required** – there are multiple due dates every week throughout the semester. (This is not a learn-at-you-own-pace course.)

# Accessing textbook and LaunchPad assignments

To enroll in our LaunchPad section, go to https://www.macmillanhighered.com/launchpad/pel5e/14375293

#### Canvas

A copy of the syllabus, announcements, and the schedule of assignments can be found on our Canvas site. Some assigned discussions may take place in the Canvas Forums. Make sure you visit our site every week.

# **Course Requirements and Grading**

\* 28% - Complete weekly text-based mastery quizzes

There are 32. You can miss up to 4 and receive full credit.

These are Credit/No Credit, but you have an unlimited number of opportunities to reach "mastery" (before the due date)

\* 24% - Participate in weekly (asynchronous) discussions (beginning 9/6)

Each week's full discussion will be worth 2 pts.

I will drop your 2 lowest weeks' scores.

- \* 21% Submit 3 written projects (7% each)
- \* 27% 3 exams (9% each)
- \*\* Fulfill the Research Participation requirement (see below)

# For assistance and resources for learning in a remote environment:

https://rlc.rutgers.edu/remote\_instruction

# **Technology Requirements:**

As an asynchronous class, you will not have to be able to be online at specific times. However, all of the reading and assignments require internet access to complete and there will be multiple due dates every week, so you must have reliable access to the internet throughout the semester.

Please visit the <u>Rutgers Student Tech Guide</u> page for resources available to all students. If you do not have the appropriate technology for financial reasons, please email Dean of Students <u>deanofstudents@echo.rutgers.edu</u> for assistance. If you are facing other financial hardships, please visit the Office of Financial Aid at <a href="https://financialaid.rutgers.edu/">https://financialaid.rutgers.edu/</a>.

## **Research Participation Requirement**

Research is an essential part of the field of psychology. It is important for students to be exposed to actual participation as a subject in an experiment, or at the very least to learn from technical articles how research is done.

Therefore, all sections of General Psychology require either 5 "Research Participation Units" (RPUs) of experiment participation (Option 1) or an alternate assignment of writing two papers summarizing psychological research articles (Option 2).

Failure to satisfy this requirement will result, by department policy, in a reduction of your final course grade.

Details on fulfilling this requirement can be found <u>here</u>.

## **Extra Credit**

There will be several opportunities for extra credit available in LaunchPad. In addition, approximately 24 extra credit multiple-choice questions assessing what you learned over the entire semester will be given at the same time as the third exam. Points earned on these questions will be added to your exam score.

I do not provide **individual** extra credit opportunities, for any reason. If you are worried about your grade, **visit my office hours WELL before the end of the semester** so that I can help you learn the material to the best of your ability. If you'd like to raise your homework grade, and you have extensions remaining, you can use them to redo assignments to try to get a better score.

## **Academic Integrity**

The policies found in the Rutgers Academic Integrity Policy will be enforced for this class.

#### **Disability Services**

(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / <a href="https://ods.rutgers.edu/">https://ods.rutgers.edu/</a>

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: <a href="https://ods.rutgers.edu/students/documentation-guidelines">https://ods.rutgers.edu/students/documentation-guidelines</a>. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: <a href="https://ods.rutgers.edu/students/registration-form">https://ods.rutgers.edu/students/registration-form</a>.

## **Having Personal Troubles? Not Sure Where to Turn?**

See your <u>Dean of Students</u>. "Our office helps students with exceptional difficulties due to medical, emotional, social, psychological, financial, confidential or family-related issues. We may provide letters to faculty for extended (a week or more) absences or circumstances that are complex, confidential or sensitive in nature. In these instances, the Dean's role is to verify documentation of the student's situation. The final decision is always up to the faculty regarding make up exams, extensions, or other options."

#### **Student-Wellness Services:**

#### Counseling, ADAP & Psychiatric Services (CAPS)

(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901/ <a href="http://health.rutgers.edu/medical-counseling-services/counseling/">http://health.rutgers.edu/medical-counseling-services/counseling/</a>

CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students' efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

<u>Crisis Intervention</u>: <a href="http://health.rutgers.edu/medical-counseling-services/counseling/crisis-intervention/">http://health.rutgers.edu/medical-counseling-services/counseling/crisis-intervention/</a>

Report a Concern: http://health.rutgers.edu/do-something-to-help/

#### **Violence Prevention & Victim Assistance (VPVA)**

(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / www.vpva.rutgers.edu/

The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

DATE	TOPIC	Assignment Due	NOTES
			Log in to our LaunchPad course
9/1	Welcome Unit/ Live Your Best Life!		Get started learning!
			Free trial period available
9/3			
9/4		"Getting Started," and "Assess Your Strengths" activities (LaunchPad)	These are extra credit
9/5			Start reading Ch 1
		1) Introduce Yourself*	*Padlet: See Canvas for instructions
Sun 9/6	Ch 1: Psychology is a Science	2) Pre-Course Knowledge and Belief Inventory**	**Counts toward Project #3 See Canvas for instructions
9/7		LearningCurve 1a*	*In LaunchPad
9/8			(Monday Classes)
9/9		1) Replies to Introductions*	*Padlet
3/3		2) LearningCurve 1b**	**LaunchPad
9/10			
9/11			(Last day to Add a Class)
9/12			
Sun 9/13	Ch 2: The Biology of Behavior and Consciousness	Discussion Post	There are 3 LearningCurves for this Chapter
9/14		LearningCurve 2a	
9/15			
9/16		LearningCurve 2b	
9/17		Replies	
9/18		LearningCurve 2c	
9/19			

DATE	TOPIC	Assignment Due	NOTES
Sun 9/20	Ch 3: Developing Through the Lifespan	Discussion Post	There are <b>3</b> LearningCurves for this Chapter
9/21		LearningCurve 3a	
9/22			
9/23		LearningCurve 3b	
9/24		Replies	
9/25		LearningCurve 3c	
9/26			
Sun 9/27	Ch 4: Sex, Gender, and Sexuality	Discussion Post	
9/28		LearningCurve 4a	
9/29			
9/30		LearningCurve 4b	
10/1		Replies	
10/2		Exam 1 Opens	Exam 1: Chs 1 - 4
10/3		Exam 1 Due	
Sun 10/4	Ch 5: Sensation and Perception	Discussion Post	
10/5		LearningCurve 5a	
10/6			
10/7		LearningCurve 5b	
10/8		Replies	
10/9			
10/10			

Sun 10/11	Ch 6: Learning	Discussion Post	
10/12		LearningCurve 6a	
10/13			
10/14		LearningCurve 6b	
10/15		Replies	
10/16			
10/17			
Sun 10/18	Ch 7: Memory	Discussion Post	
10/19		LearningCurve 7a	
10/20			
10/21		LearningCurve 7b	
10/22		Replies	
10/23			
10/24			
Sun 10/25	Ch 8: Thinking, Language, Intelligence	Discussion Post	
10/26		LearningCurve 8a	
10/27			
10/28		LearningCurve 8b	
10/29		Replies	
10/30			
10/31			

Sun 11/1	Ch 9: Motivation and Emotion	Discussion Post	
11/2		LearningCurve 9a	
11/3			
11/4		LearningCurve 9b	
11/5		Replies	
11/6		Exam 2 Open	Chs 5 - 9
11/7		Exam 2 Due	
Sun 11/8	Ch 10: Stress, Health, Human Flourishing	Discussion Post	
11/9		LearningCurve 10a	
11/10			
11/12		LearningCurve 10b	
11/13		Replies	
11/14			
Sun 11/15	Ch 11: Social Psychology	Discussion Post	There are <b>3</b> LearningCurves for this Chapter
11/16		LearningCurve 11a	
11/17			
11/18		LearningCurve 11b	
11/19		Replies	
11/20		LearningCurve 11c	
11/21			

Sun 11/22	Ch 12: Personality	Discussion Posts	
11/23		LearningCurve 12a	
11/24			
11/25		LearningCurve 12b	Friday Classes
11/26			Thanksgiving
11/27			
11/28		Replies	
Sun 11/29	Ch 13: Psychological Disorders	Discussion Post	
11/30		LearningCurve 13a	
12/1			
12/2		LearningCurve 13b	
12/3		Replies	
12/4		LearningCurve 13c	
12/5			
Sun 12/6	Ch 14: Therapy	Discussion Post	
12/7		LearningCurve 14a	
12/8			
12/9		LearningCurve 14b	
12/10		Replies	Last Day of Classes
	Final Exam TBA		

Learning remotely presents new challenges. For assistance with learning how to address these challenges, please consult the resources available here: https://rlc.rutgers.edu/remote\_instruction