

Syllabus for **Adult Development and Aging** – Summer 2019  
 Psychology 01:830:335:H6. Room 230, Tillett Hall, Livingston Campus  
 Class meeting times: Tuesday, Thursday 6 pm – 10 pm WITH A BREAK

Dr. Margaret Ingate (office Room 227, Tillett Hall) Office hours: Mondays 12:50 - 3:00 pm

Please read the syllabus all the way to the end. It contains important information. Your continued enrollment in the course implies your understanding and acceptance of the syllabus. Because of the wonderful opportunity for flexibility and interaction that a very small course provides, the timing and coverage of topics listed below is provisional.

Required text: Cavanaugh and Blanchard-Fields, *Adult Development and Aging*; Cengage, Eighth Edition The looseleaf version is available through the University Book Store and includes access to learning support applications. This text, like all of the texts I reviewed for the course, has its major focus on aging, and largely ignores young adulthood and middle age. There will be additional readings to cover this aspect of adulthood and adult development.

<b>Week/Day</b>	<b>Dates</b>	<b>Content and topics covered</b>
		Theoretical frameworks: Erickson, Levinson, Bowlby, EvoPsych
1-T	7/9	Chapter 1 Studying adult development and aging Chapter 2 Neuroscience as a basis for adult development and aging
		Levinson's Early Adult Transition; Erikson's Identity vs Confusion and Intimacy vs Isolation; Attachment Security; Mating Strategies
1-Th	7/11	Chapter 3 Physical changes Chapter 4 Longevity, health, and functioning
		Entry Life Structure for Early Adulthood; Partnering/Marrying/Parenting/Working
2 - T	7/16	Chapter 5 Where people live; person – environment interactions; Review
		<b>EXAM 1</b> Chapters 1 – 5
2 - Th	7/18	Age 30 Transition; Generativity
		Chapter 6 Attention and Memory
3 - T	7/23	Chapter 6 continued; Chapter 7 Intelligence, reasoning, creativity and wisdom
3 - Th	7/25	Chapter 8, Social Cognition Chapter 9 Personality
4 - T	7/30	Chapter 10 Clinical assessment, mental health, and mental disorders; Review
4 - Th	8/1	<b>EXAM 2</b> Chapters 6 – 10; Chapter 11 Relationships
5 - T	8/6	Chapter 12 Work, leisure, and retirement; Chapter 13 Dying and bereavement
5 - Th	8/8	Chapter 14 Healthy aging; Review
6 - T	8/13	<b>Final Exam</b> Chapters 11 - 14



