

ABNORMAL PSYCHOLOGY

830:340:H4

Summer 2019

<i>Instructor</i>	Alexandra King	<i>Times</i>	Tues/Thurs, 1-5pm
<i>Office</i>	Psychology A233	<i>Location</i>	SEC 220, Busch Campus
<i>Office Hours</i>	By appointment	<i>Contact Information</i>	alexandra.king@rutgers.edu

Textbook

Essentials of Abnormal Psychology
Durand, Barlow, & Hofmann
Cengage Publishing
ISBN-13: 978-1337619370
<https://www.cengage.com/c/essentials-of-abnormal-psychology-8e->

Course Description

The purpose of this course is to provide students with an introduction to Abnormal Psychology. Broadly, we will study psychological dysfunction that is associated with distress or impaired functioning in a manner that is not typical, or expected, based on cultural and societal norms. Content will be organized in accordance with the Diagnostic and Statistical Manual of Mental Disorders (DSM-5). This course will use an integrative approach toward the study of abnormal psychology including the interaction of biological, developmental, and social factors.

Course Objectives

- Identify the diagnostic features of the DSM-5 psychological disorders covered in this course
- Understand the biological, psychological, and sociocultural factors that inform the expression, course, and prevalence of the disorders reviewed
- Understand how empirical research informs our knowledge of psychopathology
- Familiarize yourself with the approach and scientific status of various clinical interventions
- Increase empathy for the impact of psychopathology on patients and their families, as well as the stigma associated with these disorders

Office hours

My office hours are by appointment only. We can also meet before or after class if you schedule with me in advance. I welcome and encourage any student to contact me with any questions *that cannot be answered in the syllabus.*

Course website

The Sakai website for the course has all of the lectures, writing resources, and announcements. **The syllabus will be posted online. If you have questions about the course this should be the first place you look for an answer.** It is also vital that you check your email and look at the announcements on the Sakai site. Important updates and tips will be posted through these means.

Students with disabilities

Any student who needs accommodation for a physical or learning disability, please contact the Office of Disability Services (151 College Ave, Suite 123; phone 732-932-2848) and read more about Rutgers' policy at <http://disability/services.rutgers.edu>.

- If you request accommodations for this course, you will need a letter from Disability Services. The Chair of Undergraduate Psychology and I will review your request and may choose to modify it before it is approved.

Academic Honor Code

Students are expected to uphold the Academic Integrity Policy published by Rutgers. This policy is based on the premise that students must: (1) acknowledge and cite all use of ideas, results or words of others; (2) acknowledge all contributors of work; (3) submit work that is his/her own without the aid of impermissible materials or collaboration; (4) obtain data and results ethically and report with accuracy; (5) treat all students in a manner that preserves their integrity; and (6) uphold the ethical and professional code in accord with the profession you pursue. It is imperative that all students abide by the Academic Integrity Policy to maintain the integrity of the University community. (Paraphrased from <http://ctaar.rutgers.edu/integrity/policy.html>).

Under no circumstances will cheating or plagiarism be tolerated.

Attendance & Daily Quizzes

- I will not be grading attendance directly, however it is very important to attend class and pay attention given the short length of the course.
- At the end of each lecture there will be a mini-quiz to review, worth a maximum of 3 points per class.
- If you miss class, you will get a 0 on the quiz.
- However, if you must miss a class, ***contact me before the start of class***. If you contact me before class, you can make up the quiz for full points.

Differential Diagnoses

You will be given a description of a person and be asked to identify their symptoms, give (and justify) a diagnosis, as well as discuss at least one other disorder that you ruled out (why you considered it, and how you ruled it out). You will get 4 of these over the course of the class and are worth 10 points each.

Exams

This course will have one exam which will cover content from lecture, in the textbook, and outside readings. Each exam will consist of a mixture of multiple-choice, true false, matching, and short answer questions. The exam is worth 30 points.

Make-up Exams

If you cannot complete the exam on its given date and time, please contact me via e-mail immediately (preferably beforehand). Make-ups are generally reserved for emergencies, as I expect that if you are taking this class you have not planned to miss class ahead of time. A missed exam will result in a zero unless you have a legitimate, documented reason (i.e. serious illness or family emergency). In these situations, you may make up the exam within one week of its scheduled date.

Extra Credit

You can write an additional differential diagnosis about a fictional book, movie, or TV character for 5 points extra credit.

Grading

Assignments:

Daily Quizzes.....	3 each...	30
Differential Diagnoses.....	10 each...	40
Final Exam.....		30
Total		100

Grade Cutoffs:

A = 90% and higher

B+ = 87-89%

B = 80-86%

C+ = 77-79%

C = 70-76%

D = 60-69%

F = Below 60%

Summer 2019 Schedule

Class	Date	Topic	Readings
1	Tues – 7/9	Introduction to Course and to Abnormal Psychology	Ch. 1
2	Thurs – 7/11	Dimensions of Psychopathology; Assessment, Diagnosis, and Research	Ch. 2 & 3
3	Tues – 7/16	Fear-based Disorders*	Ch. 4
4	Thurs – 7/18	Somatic Disorders; Mood Disorders	Ch.5 & 6
5	Tues – 7/23	Health Psychology; Eating and Sleeping Disorders*	Ch. 7 & 8
6	Thurs – 7/25	Sexual Disorders; Addiction-related Disorders	Ch. 9 & 10
7	Tues – 7/30	Personality Disorders*	Ch. 11
8	Thurs – 8/1	Schizophrenia-related Disorders	Ch. 12
9	Tues – 8/6	Neurodevelopmental Disorders*	Ch. 13
10	Thurs – 8/8	Mental Health Services	Ch. 14
11	Tues – 8/13	Final Exam!	

Student-Wellness Services

Just In Case Web App

<http://codu.co/cee05e>

Access helpful mental health information and resources for yourself or a friend in a mental health crisis on your smartphone or tablet and easily contact CAPS or RUPD.

Counseling, ADAP & Psychiatric Services (CAPS)

(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901/ www.rhscaps.rutgers.edu/

CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students' efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

Violence Prevention & Victim Assistance (VPVA)

(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / www.vpva.rutgers.edu/

The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

Disability Services

(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / <https://ods.rutgers.edu/>

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: <https://ods.rutgers.edu/students/documentation-guidelines>. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: <https://ods.rutgers.edu/students/registration-form>.

Scarlet Listeners

(732) 247-5555 / <http://www.scarletlisteners.com/>

Free and confidential peer counseling and referral hotline, providing a comforting and supportive safe space.