

# Personality Psychology

01:830:338:B3

Summer 2019 MTWTh 1:00-2:55

Tillett 242

On line schedule of classes <http://sis.rutgers.edu/soc/>



## Instructor:

**Lyra Stein, PhD**

Email: [Lyra@psych.rutgers.edu](mailto:Lyra@psych.rutgers.edu)

Office: Tillett 221 <http://rumaps.rutgers.edu/location/tillett-hall>

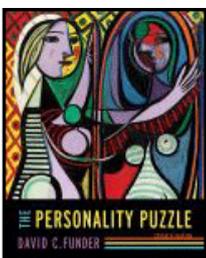
Office Hours: By appt.

## Course Description and Objectives

Examination of major personality theories and contributing research evidence with particular emphasis upon motivation and dynamics of behavior. In addition, exploration of original essays addressing the major theoretical movements in personality.

- Describe and differentiate among the major psychological approaches which explain personality.
- Define and apply key personality concepts, terms, and theories.
- Identify and read original essays from the psychologists who have made major contributions to an understanding of personality.
- Explain research methodology and the ability to evaluate the merit of personality studies.
- Practically apply acquired insight of personality to one's own life

## Instructional Resources



- 1) Funder, D. C. (2015). *The Personality Puzzle: Seventh Edition*. WW Norton & Company.
- 2) TopHat In-class response system

**Content areas:** trait approach, biological approach, psychoanalytic approach, humanistic and cross-cultural approach, cognitive approach (learning, thinking, feeling and knowing approach)

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## TEACHING PHILOSOPHY:

My bias is to explore content areas in depth, as opposed to giving superficial coverage to many areas. If time becomes a limiting factor, changes in the schedule will reflect that bias. Thus, topic areas and readings may be dropped or added, depending upon time constraints. I believe education is a cooperative enterprise in which you have an active role. Therefore, I want to encourage an active participation on your part during the course. Please don't hesitate to respond, question, and challenge. To facilitate this process, I will occasionally ask you to take part in experiential exercises or discussion groups. I hope these experiences will allow you to apply the material we cover to your own lives.

## CLASS PARTICIPATION

The TopHat response system will allow for interactive class participation. When a question is presented on the PowerPoint during lecture, you will answer and receive 1 point for each question answered whether correct or not. You will receive another 1 point for correct multiple-choice questions and another 2-4 points for correct discussion questions. Your grade for in class responses will be out of 150 points. I will give you an extra credit point for every 5 points received above 150 points.

Direct link: <https://app.tophat.com/e/294055> join code 294055

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## ATTENDANCE POLICY:

Legitimate reasons for absence include, but are not limited to, death in the immediate family, religious observance, academic field trips, participation in an approved concert or athletic event, direct participation in university disciplinary hearings.

Nevertheless, the student bears the responsibility for fulfilling all course expectations in a timely and responsible manner. If you miss an exam or are absent from more than 6 classes, please go to the Deans Office <http://deanofstudents.rutgers.edu/> and present your evidence of absence and bring the Dean's note

University religious holiday policy is at <http://scheduling.rutgers.edu/religious.shtml>

University attendance policy is at <http://sasundergrad.rutgers.edu/academics/courses/registration-and-course-policies/attendance-and-cancellation-of-class>

## ACADEMIC INTEGRITY:

<http://academicintegrity.rutgers.edu/academic-integrity-policy/> Violations include: cheating, fabrication, plagiarism, denying others access to information or material, and facilitating violations of academic integrity.

Please review the following links concerning Plaiagerism

*The Camden Plagiarism Tutorial (INTERACTIVE):* <http://library.camden.rutgers.edu/EducationalModules/Plagiarism/>

Consult *Don't Plagiarize: Document Your Research! For tips about how to take notes so that you don't plagiarize by accident.* [http://www.libraries.rutgers.edu/avoid\\_plagiarism](http://www.libraries.rutgers.edu/avoid_plagiarism)

## ASSESSMENTS



There will be 5 quizzes which will consist of 20 questions each. You will have 1 hour to complete each quiz and will only have one chance to take the assessment. **Please make sure not to miss the closing date as I will not be able to open the quiz once it has closed.**

There will be two midterms and one cumulative final exam. You will need a #2 pencil for the in-class exams. Test dates noted on the course outline may be changed if needed; changes will be announced in class and on Sakai. ***Students caught cheating on any exam will get an F for the entire course.***

Each midterm will consist of 50 multiple choice items (75 for the final)

### ACCOMMODATIONS

Appropriate accommodations will be made for students with disabilities. Full disability policies and procedures are at

<http://disabilityservices.rutgers.edu/>

Students with disabilities requesting accommodations must follow the procedures outlined at <http://disabilityservices.rutgers.edu/request.html>

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## WRITING ASSIGNMENT

If I cannot open your assignment, you will receive a 0.

**The required assignment must be uploaded to assignments tab (not emailed) by July 1! Be sure to submit before 11:55pm as the assignments tab will close.**

In this paper, describe a character from a movie, TV show or book from the perspective of at least two theories discussed in this course, each from a different approach (you can choose your theories from 2 of the following: 1) triat 2) biological, 3) psychoanalytic 4) existential and 5) learning, thinking feeling and then conclude with your own impression. The paper should be no shorter than 3 pages and no longer than 7 pages in length (double-spaced, 12 pt. font, Times New Roman, 1" margins). In this paper you should a) describe the character from a book, movie or show b) describe this person from at least two theories we've covered in this course (each from a different approach) c) summarize and present your opinion about how well these theories describe the person in question.

**Please divide you paper into the following sections and clearly label each of the following**

- 1) Make sure to use the specific **theory** rather than the approach in general. Describe your character from these theories that are from different domains covered in the course. Give specific examples from the characters life that can be used to describe the individuals personality through the lens of the theory. **(30 points-15 points for each theory)**
- 2) For each perspective, indicate the aspects of the characters personality that cannot be described through each theory. For example, are there aspects of the character that the five-factor, Freud, Bandura, etc. are not able to account for? **(10 points)**
- 3) Include reasons for why your character may have developed their personality (genetics, family, environment, etc.). Speculate based on the characters situation, family, genetics, upbringing, etc. **(7 points)**
- 4) In-text citations and a reference page **(3 points)**

**Be sure to include references to the book and course material. You must use in-text citations and a reference page (you do not need a title page or abstract).**

# Cheating and Plagiarism

Short version: Don't cheat. Don't plagiarize.

Longer version: Cheating on tests or plagiarizing materials in your papers deprives you of the educational benefits of preparing these materials appropriately. It is personally dishonest to cheat on a test or to hand in a paper based on unacknowledged words or ideas that someone else originated. It is also unfair, since it gives you an undeserved advantage over your fellow students who are graded on the basis of their own work. In this class we will take cheating very seriously. All suspected cases of cheating and plagiarism will be automatically referred to the Office of Judicial Affairs, and we will recommend penalties appropriate to the gravity of the infraction. The university's policy on Academic Integrity is available at <http://academicintegrity.rutgers.edu/academic-integrity-policy><sup>1</sup> I strongly advise you to familiarize yourself with this document, both for this class and for your other classes and future work. To help protect you, and future students, from plagiarism, we require all papers to be submitted through Turnitin.com.

Since what counts as plagiarism is not always clear, I quote the definition given in Rutgers' policy:

**Plagiarism: Plagiarism is the use of another person's words, ideas, or results without giving that person appropriate credit. To avoid plagiarism, every direct quotation must be identified by quotation marks or appropriate indentation and both direct quotation and paraphrasing must be cited properly according to the accepted format for the particular discipline or as required by the instructor in a course. Some common examples of plagiarism are:**

- Copying word for word (i.e. quoting directly) from an oral, printed, or electronic source without proper attribution.
- Paraphrasing without proper attribution, i.e., presenting in one's own words another person's written words or ideas as if they were one's own.
- Submitting a purchased or downloaded term paper or other materials to satisfy a course requirement.
- Incorporating into one's work graphs, drawings, photographs, diagrams, tables, spreadsheets, computer programs, or other nontextual material from other sources without proper attribution.<sup>2</sup>

Here are some links for APA Style:

<http://owl.english.purdue.edu/owl/resource/560/02/>  
<http://owl.english.purdue.edu/owl/resource/560/03/>  
<http://owl.english.purdue.edu/owl/resource/560/05/>  
<http://owl.english.purdue.edu/owl/resource/560/06/>  
<http://owl.english.purdue.edu/owl/resource/560/07/>  
<http://owl.english.purdue.edu/owl/resource/560/08/>  
<http://owl.english.purdue.edu/owl/resource/560/09/>  
<http://owl.english.purdue.edu/owl/resource/560/10/>  
<http://owl.english.purdue.edu/owl/resource/560/11/>

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<sup>1</sup> This web link was corrected on Sept. 13, 2015. S. Lawrence

<sup>2</sup> <http://academicintegrity.rutgers.edu/academic-integrity-policy/> Updated with the University's current language on July 13, 2012 and web link was corrected on Sept. 13, 2015. S. Lawrence.

## ADDITIONAL CREDIT

For every 10 Tophat points above 150, you will be given an extra credit point

**You may only complete 2 extra credit assignments listed below**



**Option 1: Engage in a class debate (5 points) I have included 4 debate issues on Sakai along with time slots under the "sign up" tab.**

- 1) Read the issue and decide if you would like to participate in the "yes" or "no" arguments.
- 2) Sign up for a time slot under the debate in which you wish to engage. There is a maximum of 3 people for each time slot.
- 3) Read the essay and prepare for a debate on stage with students presenting the other side of the issue.
- 4) You do not need to submit your arguments, but they should be well-thought out and logical.

**Option 2: Article Summaries (4 points)-make sure to include information from the course (use the book as the reference) to expand on the concepts presented in the articles. YOU MUST REFERENCE COURSE MATERIAL.**

- 1) Find 2 articles relating to one of the topics we are studying in the popular press (Psychology Today, Scientific American Mind, New York Times, Time magazine, etc.-I will be posting interesting articles on the FB site)
- 2) Summarize (about 1.5 pages each) the article and **be sure to include how it relates to the topic covered in class.**
- 3) Make sure that you include in-text references along with a reference page -in proper APA style.
- 4) The articles do not have to be related to each other.

**Due Wednesday 7/2 by 11:55pm**

For option 2: you will need to present information from the course and use the text as the reference. I will be running the assignments through Turnitin-please be sure not to plagiarize.

**Option 3: Trait Psychology ( 5 points)**

Here are the steps required to complete the exercise.

1. Go to <http://www.personal.psu.edu/faculty/j/5/j5j/IPIP/>
2. Click "Follow this link if you wish to complete the original IPIP-NEO"
3. Go to the 4th "bulleted" line on the page and click "take the shorter version"
4. Click "yes" to both queries on the page that comes up, go to the bottom of the page and click SEND. That will activate the first 60 items of the test.
5. Look over your results and write brief paper (3 pages) about how accurately you think the results describe your personality. Include your impressions of the system's primary strengths and weaknesses in terms of describing you and as a research tool in personality psychology. **You must also address comparisons to your MBTI results**

**Due 6/10 by 11:55pm**

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**Option 4: Personal narrative (5 points) Tell the story of your life through song. Create an imaginary soundtrack depicting your past, present and future.**

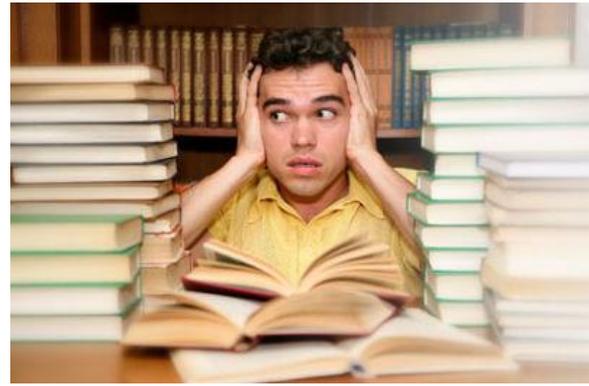
- 1) Create an "imaginary soundtrack" to your life and write a reflective paper that explains why each song is included.
- 2) Make sure that you have 6 events, each accompanied by a soundtrack.
- 3) The reflective paper should be at least 3 double spaced pages including all 6 soundtracks. Include the actual lyrics of the songs at the end of paper (the lyrics themselves are not part of the 3 pages).

**Due 7/2 by 11:55pm**

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Inevitably every semester there are students who are not happy with their grades and seem to not be concerned until the day before the final. Please do not put yourself in that position and make sure that you keep up with the class throughout the semester. The following are some tips on how you should study for the exams:

If you want to learn the subject matter well, read the assigned material before the lecture, review the power points after the lecture, quickly go over it again a day or two later, and then re-read the notes and the chapter for a few days before the exam. Memory researchers have established that you will understand and remember something better by studying it several times spread out over days than by studying the same amount of time all at once. Also, of course, the more total time you spend studying, the better.



When you study, don't just read the text and lecture notes but stop and think about the material. The more actively you use the material, the better you will remember it. Don't worry about memorizing the definition word for word as it would be better to try to use each word in a sentence or think of examples for each term.

### HOW TO DO WELL IN THIS CLASS:

- Attend class and answer the TopHat questions.
- Complete every quiz on time.
- Read the assigned material carefully and closely, taking notes in your own words. Stop after each paragraph or two and make sure you understand the important points. You should end up with many pages of notes for each chapter, which are now your study materials. Outline the chapters in your own words with information from the book and lecture.
- At least a week before the exam, begin studying your notes on the readings and your notes from class. Get more information about concepts you do not understand by contacting me
- Work actively with the course material: develop your own examples of concepts; explain in your own words how certain topics in psychology are studied; draw models of the concepts; organize the material in each chapter in ways that make sense for you; compare your class notes to the textbook; etc.
- Contact me to ask questions or just to talk about the material. I would be happy to look at your notes and study materials to see if I have any advice for you.
- Work productively during class. During class we will actively analyze, apply, and evaluate the text material.

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### EVALUATION

Quizzes	100 points (5 x 20)
Two hourly exams (50 questions)	200 points (2 x 100)
Final examination worth (75 questions)	150 points
Written Assignment	50 points
TopHat points	<u>150 points</u>
Total Points possible	650

A: 585-650 points, B+: 553-584 points, B: 520-552, C+ 488-519 points, C: 455-487 points, D: 390-454 points, F: 389-

## LECTURE TOPICS AND READING:

\*\*(All dates are approximate and changes will be announced in class)\*\*

Date	Topic	Reading	Assignments Due (1:00 pm)
T 5/28	Introduction to Personality Research in Personality	Ch. 1/Ch. 2	
W 5/29	Personality Assessment	Ch. 3	
Th 5/30	Personality Traits, Situations and Behaviors	Ch. 4	
M 6/3	Personality Judgement	Ch. 5/Ch.6	
T 6/4	Using Personality Traits to Understand Behavior	Ch. 6	<b>Quiz 1-chapters 1-4</b>  <b>Come to class with Jung Typology Test (MBTI) results for activity</b> <a href="http://www.humanmetrics.com/cgi-win/JTypes2.asp">http://www.humanmetrics.com/cgi-win/JTypes2.asp</a>
W 6/5	Personality Stability	Ch. 7	
Th 6/6	Anatomy and Physiology of Personality	Ch. 8	
<b>M 6/10</b>	<b>EXAM 1 – (Chapters 1-8)</b>		<b>Quiz 2- chapters 5-8</b>  <b>Trait Extra Credit Due by 11:55pm</b>
T 6/11	Inheritance of Personality	Ch. 9	
W 6/12	Evolutionary Psychology	Ch. 9	
Th 6/13	Psychoanalysis	Ch. 10	
M 6/18	Psychoanalysis	Ch. 10	
T 6/19	Psychoanalysis after Freud	Ch. 11	<b>Quiz 3-chapters 9, 10</b>
W 6/20	Humanistic and Positive Psychology	Ch. 12	
Th 6/21	Humanistic and Positive Psychology	Ch. 12	
<b>M 6/25</b>	<b>EXAM 2 (Chapters 9-12)</b>		<b>Quiz 4-chapters 11, 12</b>
T 6/26	Behavior Topics	Ch. 14	
W 6/27	Perception and Thought	Ch. 15	
Th 6/28	Approaches to the Self	Ch. 16	
M 7/1	Personality Disorders	Ch. 17	<b>Writing assignment due by 11:55pm</b>
T 7/2	Personality and Physical Health	Ch. 17	<b>All Extra Credit due by</b>

			11:59pm
W 7/3	Final-cumulative emphasis on last chapters (14-17)		Quiz 5- chapters 14-17

## Student-Wellness Services:

### Just In Case Web App

<http://codu.co/cee05e>

Access helpful mental health information and resources for yourself or a friend in a mental health crisis on your smartphone or tablet and easily contact CAPS or RUPD.

### Counseling, ADAP & Psychiatric Services (CAPS)

(848) 932-7884 / 17 Senior Street, New Brunswick, NJ 08901/ [www.rhscaps.rutgers.edu](http://www.rhscaps.rutgers.edu)

CAPS is a University mental health support service that includes counseling, alcohol and other drug assistance, and psychiatric services staffed by a team of professional within Rutgers Health services to support students' efforts to succeed at Rutgers University. CAPS offers a variety of services that include: individual therapy, group therapy and workshops, crisis intervention, referral to specialists in the community and consultation and collaboration with campus partners.

### Violence Prevention & Victim Assistance (VPVA)

(848) 932-1181 / 3 Bartlett Street, New Brunswick, NJ 08901 / [www.vpva.rutgers.edu](http://www.vpva.rutgers.edu)

The Office for Violence Prevention and Victim Assistance provides confidential crisis intervention, counseling and advocacy for victims of sexual and relationship violence and stalking to students, staff and faculty. To reach staff during office hours when the university is open or to reach an advocate after hours, call 848-932-1181.

### Disability Services

(848) 445-6800 / Lucy Stone Hall, Suite A145, Livingston Campus, 54 Joyce Kilmer Avenue, Piscataway, NJ 08854 / <https://ods.rutgers.edu>

Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: <https://ods.rutgers.edu/students/documentation-guidelines>. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: <https://ods.rutgers.edu/students/registration-form>.

### Scarlet Listeners

(732) 247-5555 / <http://www.scarletlisteners.com/>

Free and confidential peer counseling and referral hotline, providing a comforting and supportive safe space.