Rutgers University

Course Syllabus

Atypical Child and Adolescent Development

01: 830: 346:01 Fall 2013

Date & Time: Monday and Wednesday – 6:40 – 8:00 PM

Location: EN B 120 Busch Campus Instructor: Stevie M. McKenna MA E-Mail: steviemc@rci.rutgers.edu

Office Hours: by appt. Livingston campus Tillett#333

Course Objectives

- 1. This course will introduce you to the study of child and adolescent psychopathology. There will be a brief historical review of society's progress in the understanding and treatment of children with atypical behavior.
- 2. We will explore the interaction of emotional, cognitive, biological, behavioral, and environmental components that factor into the development of chronic dysfunctional behavior and mental illness in children and adolescents. We will also examine the various theories of the development of childhood disorders as well as the efficacy of the many current treatment modalities including pharmacological interventions.

Required Texts:

Mash Eric J.; Wolfe David A, Abnormal Child Psychology, 2008WodsworthCengage learning

Date	Topics	Assigned Chapters	
Sept. 4	Getting acquainted / course requirement	s	
Sept. 9	Introduction to Normal and Abnormal Child Behavior	Chapter 1	
Sept. 11	Theories and Causes	Chapter 2	
Sept. 16	Assessment, Diagnosis, and Treatment	Chapter 4	
Sept. 18	Attention-Deficit/Hyperactivity Disorde	r (ADHD) Chapter 5	

Sept. 23	Attention-Deficit/Hyperactivity Disorder (ADHD) -VIDEO		
Sept. 25	REVIEW FOR EXAM I - (chapters 1,2)		
Sept. 30	REVIEW FOR EXAM I- (chapters 4, 5)		
Oct. 2	EXAM I		
Oct. 7	Conduct Disorder - VIDEO	Chapter 6	
Oct. 9	Anxiety Disorders	Chapter 7	
Oct. 14	Anxiety Disorders – VIDEO		
Oct. 16	Mood Disorders	Chapter 8	
Oct. 21	Mood Disorders – VIDEO		
Oct. 23	GUEST SPEAKER	Chapter 9	
Oct. 28	Intellectual Disability (Mental Retardation)		
Oct. 30	MIDTERM REVIEW- (chapters 6, 7)		
Nov. 4	MIDTERM REVIEW -(chapters 8, 9)		
Nov. 6	MIDTERM EXAM		
Nov. 11	Autism Spectrum disorders/childhood-onset schizophrenia		
Nov. 13	Autism Spectrum disorders VIDEO - Mozart and the Whale	Chapter 10	
Nov. 18	Health-Related & Substance use PAPER DUE	Chapter 12	
Nov. 20	Health-Related & Substance use -VIDEO		
Nov. 25	GUEST SPEAKER	Chapter 13	
Nov. 27	Eating Disorders and Related Conditions- VIDEO		
Nov. 28 thi	cough December 1 - THANKSGIVING BREAK		
Dec. 2	Child Maltreatment and Non-Accidental Trauma	Chapter 14	
Dec. 4	Child Maltreatment VIDEO		

Dec. 9 REVIEW FOR FINAL EXAM (chapters 10, 12)

Dec. 11 **REVIEW FOR FINAL EXAM (chapters 13, 14)**

Dec. 12 – 13 READING DAYS

Dec. 16 - 20 FINAL EXAM WEEK

EXACT DATE AND TIME - TBA

Grading: Your course grade will be based on 100 points valued as follows:

First Exam 30 Possible Points (30%)
Midterm Exam 30 Possible Points (30%)
Final Exam 30 Possible Points (30%)
Research Paper 10 Possible Points (10%)

<u>In class lecture notes:</u> Lecture notes will be provided for you on the **Sakai** website (resource section). These notes are not intended to be the only source of information for the exams. Please note that you will need your text book for this course. Since videos will be shown periodically during the course, you will also be expected to take adequate notes as some material from the videos will appear on the exams.

<u>Study guides:</u> Study guides for each exam will be provided and posted on the **Sakai** website (resource section). These guides are to be used to prepare for each exam. Questions on the exams will loosely reflect information given on the study guides.

Term paper (worth up to 10pts - if late it will be only worth up to a possible 8pts)

Your term paper should explore a childhood or early adolescent disorder originating and expressed in childhood or early adolescence. I will <u>Not</u> be accepting the personality disorders or dissociative identity disorder as these are covered in the Abnormal Psychology course. See list.

Please email your paper to me.

Your paper should address the following:

- (1) A definitive clinical picture of the disorder you are researching. You should include a short history of the disorder, symptoms, prevalence rates (e.g.3%-7% in school aged children ADHD), cultural, age of onset, and gender features as well as the etiology, course, current treatment, and prognosis of the disorder you are researching.
- (2) **A differential diagnosis**: You should state *one or two disorders* which are similar and how to differentiate them from the disorder you are researching.

- (3) Your paper should address (when applicable) the psychological, biological, cognitive, and environmental (or social) components that factor into the etiology of the disorder you are researching.
 - **APA style is strongly encouraged** however <u>not mandatory</u> (e.g. title page and references etc).
 - Must be double spaced (12pt type and Times New Roman)
 - Use at least 2 empirically researched articles or journal articles (e.g. The Journal of Abnormal Psychology, the Journal of Child Psychology). **Do not use the text book as a source**.
 - Please make sure you **cite within the text** of your paper.

***No longer than 10 pages including title and reference pages.

<u>List of Acceptable Disorders for Paper:</u>Choose any one disorder under the headings. The following should reflect the <u>childhood/adolescent presentation</u> where different from the adult presentation e.g. childhood onset schizophrenia (COS), childhood depression, separation anxiety disorder. Most of the disorders listed are different that the adult presentation however slightly.

• Anxiety disorders

- o Panic d/o
- Panic disorder
- o Agoraphobia
- o Specific phobia
- o Separation anxiety
- Social phobia
- o Post traumatic stress disorder (PTSD)
- o Obsessive compulsive disorder (OCD)

Mood disorders

- Major Depression
- o Dysthymia
- o Double depression
- o Bipolar I
- o Bipolar II
- o Cyclothymia

• Intellectual disability (MR)

- o Fragile X
- Downs syndrome
- o Fetal Alcohol Syndrome (FAS)

• Autism spectrum disorders

- Classic autism
- o Asperger's syndrome
- Rett's disorder
- o Childhood disintegrative disorder

- Childhood-Onset schizophrenia (COS)
- Behavioral Disorders
 - o Attention Deficit Hyperactivity Disorder (ADHD)
 - o Oppositional Defiant Disorder (ODD)
 - Conduct Disorder (CD)
- Eating disorders
 - o Pica
 - Childhood rumination disorder
 - o Binge eating disorder
 - o Anorexia nervosa
 - o Bulimia nervosa
 - o Failure to thrive
- Substance abuse disorders (you can choose any drug of choice)
 - o Abuse,
 - o Dependence
- Physical, emotional, sexual abuse, and/or neglect(you should only address one type)

Attendance

In-class participation is critical and expected. Regular communication with the professor and your fellow classmates is encouraged. *You are responsible for any missed class presentation material*. Please ask *fellow students* for any information you may have missed due to absence from class.***Doctors notesor other specific documentation are necessary for missing an exam and taking the make-up.

Disability Statement

If you have a documented disability and wish to discuss academic accommodations, or if you need assistance in the event of an emergency evacuation, please contact the professor as soon as possible.

<u>Plagiarism</u>: This is the practice of using information from a source without citing the source and author in your text (**Do not use papers from other courses to submit in this course. It is not acceptable e.g. abnormal psychology paper submitted to this course).** This is a problem in some courses and will result in an F for the course.

<u>Cheating on Exams</u> – Anyone caught cheating on any of the exams will receive an F for the course. *ABSOLUTELY NO CELL PHONES ARE TO BE OUT DURING EXAMS*.