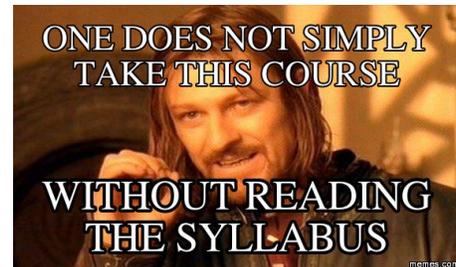


Rutgers University
PSYC 830:338:B4- Principles of Personality Psychology
CLASS MEETING TIME: TR 1:30-5:10
CLASS LOCATION: TIL 253

INSTRUCTOR: Danielle M. Young, Ph.D
OFFICE: Tillett 409
EMAIL: danielle.young@rutgers.edu
OFFICE HOURS: By appointment

Course Overview: If you don't already have a personality, this class will not provide you with one. Instead, we will explore, as a class, how psychologists define and study personality. We will investigate the origin of personality, as well as the ways personality influences human activity. This class will use both classic and contemporary theories and research to provide insight into the nature of the person- and you.

Course Syllabus: This is our class syllabus. It is our map to the semester. It tells us where we're going, and how we're going to get there. It also lets us know how to figure out how well we are doing on our journey. You should check the syllabus early, and often. I suggest checking it before the first class period, and after the last class period each week.



Course Sakai: I enjoy the convenience of Sakai, and use it often. It allows for an easy, and mostly permanent, way for us to share information. Everything related to this course will be posted, in some form, on the course's Sakai page. The syllabus, quizzes, assignment descriptions, grades, etc., will all be posted there. I will also post lecture slides when a section is completed. All of your assignments will be turned in using Sakai. If you can't find something on the syllabus, your next step should be to check Sakai.

Student Learning Objectives: At the end of this semester, you should be able to think, write, and talk about important issues in personality psychology. This includes, but is not limited to:

- Demonstrate deep familiarity with the major perspectives of personality psychology
- Demonstrate ability to analyze & think critically about personality assessment
- Demonstrate psychological literacy by applying concepts from personality psychology in both academic and personal contexts

COURSE POLICIES

Required Readings: The required textbook for this course is Carver & Scheier (2011). Perspectives on Personality, 7th Ed. Readings for each class session are listed on the course schedule. I suggest planning on reading assignments before class, and then reviewing them after lecture. Reading assignments are *essential* to keeping up in this class, and they will be covered in quizzes/exams, even if they are not explicitly discussed in class.

Course Commitment: Summer classes are a lot of work, and require a significant amount of effort to succeed. You need to commit to coming to class every day, and to keep up with the substantial reading load. In general, you should expect to spend 2-3 hours working outside of class for every hour spent in class. In other words,

budget at least 12 (and up to 18!) hours a week for course related assignments such as reading, taking quizzes, and research/writing.

PowerPoint Slides: Lecture slides will be posted on Sakai after each course section. My lecture slides are not a substitute for a lecture outline. These are to supplement your own note-taking, not replace it.

Email Policy: In addition to office hours, I am happy to answer questions via email. After lecture or when studying for an exam, you may realize that you did not understand a specific concept or experiment. Please feel free to send your questions to me via email and I will try to respond within 24 hours on weekdays. However, I generally will not respond to emails between Friday 4:00pm and Monday 8:00am (the weekend). Email may not be how you communicate with your peers (email was basically invented in my lifetime, so this idea makes me feel very old), so I want to give you a few guidelines of how to email me (any of your professors or anyone you need to interact with on a professional basis would appreciate it!). First, make sure your question is not covered in the syllabus or on Sakai. Second, in the subject indicate the course, section, and a brief statement of what the email is about (e.g., Personality Psychology, Question about readings for 09/12). Third, strive for professionalism. This means proper greetings and double checking for spelling and grammar. When in doubt, you can always refer to this informative document:
<http://web.wellesley.edu/SocialComputing/Netiquette/netiquetteprofessor.html>

Attendance Policy: I will not be taking attendance, however in a condensed summer format missing class will negatively impact your grade. Lectures and class discussion will cover material *not* covered in the readings, and you will receive a grade for in class writing. Be sure to get complete notes from a classmate if you miss a class. Office hour time cannot be used to go over material missed in class. If you do attend class, I ask that you show up on time, and that you are respectful of your classmates, yourself, and me. Translation: Please stay awake; do not spend class catching up on your favorite TV show, the Big Game, or Social Media. If this is what you want to do with your time, fantastic, just please don't do it in my classroom!

Class Participation: This course will contain a mixture of lecture, discussion, and activities. I will call on you during class. Though hopefully your class preparation will enable you to thoughtfully contribute to class discussion, it is perfectly acceptable to say "Let me think for a minute", or "Let me look something up", "I can hazard a guess" or "I don't know". I have been studying these topics much longer than you have, and I use these phrases (and some other less professional ones) early and often. You are required to participate in class discussions and in-class assignments. In order to fulfill this requirement, you must be actively listening during lecture, ask and answer questions, and engage in discussions. If you will be absent from class, you should consult with classmates for notes on missed materials. Be certain to watch any videos presented in class (can find them on lecture slides posted to Sakai). Office hour time cannot be used to go over material missed in class.

General Due Date Policies: In order to be respectful of your time, your peer's time, and my time, all work **MUST** be turned in by the due date/time specified in the syllabus or project description. Computer problems, mild illness, and other day to day problems are a fact of life, and careful planning will help you avoid them impacting your ability to turn in your work. **Work will not be accepted late except in cases of a documented emergency.**

Academic Integrity: I take academic honesty very seriously. While I encourage you to actively learn with your peers, exams and quizzes are not cooperative! *Do not plagiarize.* I am perfectly capable of reading someone else's work (whether peer reviewed or on Wikipedia) if I want to know what they have to say; I am interested in hearing how *you* are reasoning about course topics. Though violations of academic integrity will be dealt with

on a case by case basis, at minimum the College Dean will be informed. For a full statement of the Manhattan College policy on academic integrity, visit the following link: http://manhattan.edu/student_life/code-of-conduct

Accommodations: Rutgers University welcomes students with disabilities into all of the University's educational programs. In order to receive consideration for reasonable accommodations, a student with a disability must contact the appropriate disability services office at the campus where you are officially enrolled, participate in an intake interview, and provide documentation: <https://ods.rutgers.edu/students/documentation-guidelines>. If the documentation supports your request for reasonable accommodations, your campus's disability services office will provide you with a Letter of Accommodations. Please share this letter with your instructors and discuss the accommodations with them as early in your courses as possible. To begin this process, please complete the Registration form on the ODS web site at: <https://ods.rutgers.edu/students/registration-form>. I look forward to talking with you soon to learn how I may be helpful in enhancing your academic success in this course.

LEARNING ASSESSMENT

Exams (100 points): Recall improves memory more than studying (Karpicke & Blunt, 2011), and to apply this psychological finding to improve your learning, there will be three exams in this class. Both will be cover all course material (i.e., readings, lecture, and class discussion) since the previous exam. Exam dates are noted in the course schedule. Each exam will be worth 50 points, and your lowest exam score will be dropped. **You must take all exams, and you will not be able to make up exams for any reason.**

Course Portfolio (100 points). In order to document how your thinking about personality expands over this course, you will create and keep a course portfolio. This will be a transcribed and synthesized version of several requirements for class that you will keep and update throughout the semester. It will consist of three sections: Reading Reflections, Assessment Reflections, and Class Writing. Each section will contain work you have completed during the semester, along with a brief reflection that synthesizes your writing in that section. The entirety of the course portfolio is worth 100 points. Due dates are noted in the course schedule.

Reading Reflections (40 points). Throughout the semester, you will need to submit brief reading reflections via Sakai. Details about this assignment will be posted on Sakai and discussed in class. There are eight of these assignments, and they are due by **8am** on the dates noted in the course syllabus. You will also include a copy in your course portfolio. These will be assessed by checks and check minuses. 6 or more checks will receive all 40 points. 4-5 checks will receive 30, 3 will receive 20, and less than 3 will receive 0.

Personality Assessment Reflections (30 points). In order to engage with how personality psychologists measure personality constructs, you will complete six or more personality assessments over the course of the semester. For each assessment you will write a brief (half page) critical reflection on the assessment. These will be assessed by checks and check minuses. 5 or more checks will receive all 30 points. 4-5 checks will receive 25, 3 will receive 15, and less will receive 0.

Class Writing (30 points). To stimulate and document your thinking about personality, in class there will be many brief in-class writing assignments. You will include these in the course portfolio, and briefly (1-2 pages) reflect on your understandings of personality throughout the semester.

Extra Credit: Participation in Research. Extra credit opportunities for this class exist in the form of research participation. You can earn 2 extra credit point on your final grade for each research study you participate in, for a maximum of 4 extra credit points total. There is no guarantee that research studies will be available to you. Research studies are often time sensitive, or close after they reach the desired number of participants, so you should not wait until the end of the semester to earn your extra credit.

Course Assessment Summary: Grades are a way to assess your learning in a course based on your performance. It does not assess your aptitude, or your effort. I will not engage in grade negotiation. Grade are calculated using the following formula:

Exams (2 * 50)	100
Class Portfolio	
- <i>Reading Questions</i>	40
- <i>Personality Assessment Reflections</i>	30
- <u><i>Class Writing</i></u>	30
Total points	200
Extra Credit points possible	4

Course Schedule		
**Note, this schedule is subject to change at the discretion of the instructor.		
	Topic	Readings & Assignments Due RRs = Reading Reflections
6/31 - T W1	Get a Personality	Chapter 1
6/2 - R W1	Measuring Personality	RRs: Chapter 2 & 3
6/7 - T W2	Pieces of Personality: The Trait Perspective I	RRs: Chapter 4
6/9 - R W2	Essential Pieces of Personality: The Trait Perspective II	
6/14 - T W3	Biological Perspective: The Mind/Body Problem	Exam 1 (W1/W2 Lecture, Chp1-4)
6/16- R W3	Biological Perspective: The Mind/Body Problem	RRs: Chapter 6 & 7
6/21 - T W4	Psychoanalytic Perspective: The Mind/Body Problem	RRs: Chapter 8
6/23 - R W4	Humanistic Psychology: Self Actualization	RRs: Chapter 11
6/28 - T W5	Moving Personality: Motive Perspective	Exam 2 (W3/W4 Lecture, Chp6-8, 11) RRs: Chapter 5
6/30 -R W5	Moving Personality: Cognition & Self	RRs: Chapter 12 & 13
7/05 - T W6	Moving Personality: Learning	RRs: Chapter 10
7/07 - R W6	Catch Up/Wrap Up	Exam 3 (W5/W6, Chp 5, 10,12,13) Course Portfolio Due 11:00 pm