

Rutgers University
Course Syllabus
Abnormal Psychology
01: 830: 340H7 Summer 3rd Session 2014

Date & Time: Monday and Wednesday – 6:00PM- 9:40PM
Location: LSB rm B115 Livingston Campus
Instructor: Stevie M. McKenna MA
E-Mail: steviemc@rci.rutgers.edu
Office Hours: by appt. Livingston campus Tillett #333

Please Note: In past summer sessions there have been notes posted on the doors of classrooms stating that the assigned classroom has been changed to a different location. These notes are bogus and are distributed by some very twisted and or drunk students who have nothing better to do. Any change in classroom assignment will be emailed to you from myself or the Psychology department.

Course Objectives

This course will introduce you to the fascinating study of abnormal behavior. As we consider such factors as cultural norms, situational circumstances, and developmental variables, you will be able to better recognize and define abnormal behavior from behaviors that are within the normal range. We will also review society's progress in understanding dysfunctional behavior and the dominant theories that have been used to explain their development in the past.

We will explore the current view in which emotional, cognitive, biological, behavioral, and environmental components factor into the development of chronic dysfunctional behavior known as mental illness. We will also examine and compare the various current theories of the development of mental and cognitive disorders as defined by the *Diagnostic Statistical Manual* (DSM-V). and the efficacy of treatment modalities including pharmacological interventions.

Required Texts:

David H. Barlow, V Mark Durand, *Essentials of Abnormal Psychology* 6th Edition, 2013
Wodsworth Cengage learning

Date	Topics	Assigned Chapters
July 7 M	Getting acquainted / course requirements, Extra credit option	Chapter 1 – 2 Rep. from CAPS

July 9 Clinical Assessment and Diagnosis and Research in Psychopathology Anxiety Disorders Chapter 3 - 4

July 14 M Review for Exam I.

July 16 EXAM I Somatoform and Dissociative disorders - DVD Chapter 5

July 21 M Mood Disorders and Suicide Chapter 6
Eating and Sleep Disorders *Guest speaker* Chapter 8

July 23 Eating and Sleep Disorders (continued) DVD Chapter 8
Sexual and Gender Identity Disorders Chapter 9

July 28 M REVIEW FOR EXAM II – Guest speaker- substance abuse –(meth clinic)

July 30 EXAM II Substance-Related and Impulse Control Disorders Chapter 10
DVD

Aug. 4 M Personality Disorders Chapter 11
Schizophrenia and Other Psychotic Disorders Chapter 12
DVD

Aug. 6 Developmental and Cognitive Disorders Chapter 13

REVIEW FOR FINAL EXAM
**** PAPERS DUE (HARD COPY)**

Aug 11 – REVIEW FOR FINAL EXAM

Aug.13 FINAL EXAM

Grading: Your course grade will be based on 100 points valued as follows:

First Exam	30 Possible Points (30%)
Midterm Exam	30 Possible Points (30%)
Final Exam	30 Possible Points (30%)
Paper	10 Possible Points (10%)

In class lecture notes:

- Lecture notes will be provided for you on the **Sakai** website (resource section). These notes are not intended to be the only source of information for the exams.

- Please note that you will need your text book for this course. Since DVDs will be shown periodically during the course, you will **be expected to take adequate notes as some material from the dvds will appear on the exams.**
- Some dvds that will be shown will not be available through the media center, so attendance is important. **If you are not able to attend class on the day of the dvd, you will need to obtain notes from another student.**

Study guides: Study guides for each exam will be provided and posted on the **Sakai** website (resource section). These guides are to be used to prepare for each exam. Questions on the exams will, but not necessarily exclusively, reflect information given on the study guides.

Term paper (worth up to 10pt)

Your term paper should explore a recognized DSM-V disorder. Some disorders that appear in childhood should be avoided as this course focus is on adulthood psychopathology. *See list.*

Your paper should address the following:

1. **A definitive clinical picture of the disorder you are researching.** (Short description). You should include the following:
 - **symptoms**
 - **prevalence rates – one line**
 - **cultural variables** – Is this a Western bound disorder or is it found all over the world such as schizophrenia?
 - **age of onset.** What is the average age when symptoms appear that lead to a diagnosis?
 - **gender features** (ex. Bipolar is equally common among men and women, major depression is seen 2X more in women than in men etc.)
 - **etiology** (e.g. Is it due to biology e.g. schizophrenia, bipolar, or is it trauma based or a combination?)
 - **course** (will it be a lifelong chronic course e.g. schizophrenia or relatively short episodes e.g. depression?)
 - **current treatment** -What is the most effective treatment for your chosen disorder?
 - **prognosis** of the disorder you are researching. What is the end result you expect to see with regard to the symptom picture? E.g. What would the symptom picture look like when the person is 70. E.g. Would the client still have to be on medication
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2. **A differential diagnosis:** You should state *one disorder* which is similar and how to differentiate it from the disorder you are researching. In what ways is it similar and what ways is it different?
 - *APA style is required for title and reference page ONLY.*
 - Must be double spaced (12pt type and Times New Roman)
 - Must have **within text** citations. **THIS IS A MUST**

- Articles, the DSM-V, books, and online sources are fine **BUT NO WIKAPEDIA.**
Do not use the text book as a source.

*****No longer than 10 pages including title and reference pages.**

No minimum number of pages but should be long enough to cover the sections.

Pay particular attention to the **genetic/biological section**. Most disorders have a strong biological component in terms of etiology.

Not accepted paper topics –

ADHD,
CONDUCT DISORDER,
OPPOSITIONAL DEFIANT DISORDER
FEEDING DISORDER
SEPARATION DISORDER (in childhood)
LEARNING DISORDERS
AUTISM SPECTRUM DISORDERS

List of Acceptable Disorders for Paper: Choose any one disorder under the heading.
DO NOT ATTEMPT A CATEGORY.

- **Anxiety disorders**
 - Panic d/o
 - Panic disorder
 - Agoraphobia
 - Specific phobia
 - Generalized anxiety disorder (GAD)
 - Social phobia
 - Post traumatic stress disorder (PTSD)
 - Obsessive compulsive disorder (OCD)
- **Personality disorders**
 - **Cluster A**
 - Paranoid
 - Schizoid
 - Schizotypal
 - **Cluster B**
 - Antisocial
 - Borderline
 - Histrionic
 - Narcissistic
 - **Cluster C**
 - Avoidant

- Dependent
- Obsessive Compulsive Pd

- **Mood disorders**

- Major Depression
- Dysthymia
- Double depression
- Seasonal Affective disorder
- Bipolar I
- Bipolar II
- Cyclothymia
- Rapid Cycling Bipolar

- **Psychotic Disorders**

- Schizophrenia
- Schizophreniaform
- Schizoaffective disorder
- Schizotypal disorder
- Delusional disorder
- Brief Psychotic Disorder

- **Intellectual disability (formerly called mental retardation MR)**

- Fragile X
- Down syndrome

- **Eating disorders**

- Binge eating disorder (BED)
- Anorexia nervosa
- Bulimia nervosa

- **Substance abuse disorders**

- **Choose any type of addictive substance such as cocaine, alcohol, heroin etc.**
- Abuse
- Dependence

- **Cognitive disorders**

- Delirium
- Dementia
 - Alzheimer's Type
 - Vascular Dementia

- **Dissociative Disorders**

- Dissociative Identity Disorder
- Fugue states

- Dissociative amnesia
- **Somataform disorders**
 - Conversion disorder
 - Body Dysmorphic disorder
 - Hypochondriasis
 - Somatization disorder
- **Sexual disorders**
 - Gender Identity disorder

Attendance

In-class participation is critical and expected. Regular communication with the professor and your fellow classmates is encouraged as well as being prepared to provide needed input on critical psychological issues. *You are responsible for any missed class presentation material.*

Please ask *fellow students* for any information you may have missed due to absence from class.

*****Doctors notes** or other specific documentation are necessary for missing an exam and taking the make-up.

Disability Statement

If you have a documented disability and wish to discuss academic accommodations, or if you need assistance in the event of an emergency evacuation, please contact the professor as soon as possible.

Plagiarism: This is the practice of using information from a source without citing the source and author in your text (Do not use papers from other courses to submit in this course. It is not acceptable e.g. Atypical Child and Adolescent psychology paper submitted to this course). This is a problem in some courses and will result in an F for the course.

Cheating on Exams – **Anyone caught cheating on any of the exams will receive an F for the course.**

ABSOLUTELY NO CELL PHONES ARE TO BE OUT or ON DURING EXAMS.