

Syllabus for Systems of Psychotherapy Spring 2014

**TENTATIVE SYLLABUS UNDER CONSTRUCTION Class Dates are Correct,
Everything else preliminary depending on TA availability**

453 sp 13 Syllabus

Systems of Psychotherapy Psychology 453

MeetingTime:

TF 12:35-1:55PM [HCK-101](#) D/C WOOLFOLK, R.

Instructor: Professor Robert Woolfolk, Ph.D. No office phone due to budget cuts!

Office location: Livingston Campus, Tillett Hall 311 Office Hours Tues 2:00-3:00.

Email: rwool@rci.rutgers.edu

TA: YasmineOmar email: yasmineomar12@gmail.com

Tuesdays, 3:30-4:30pm
Institute for Health, room 202A

Text: Wedding and Corsini Current Psychotherapies 10TH EDITION (EARLIER EDITIONS ARE DIFFERENT. USE 10TH EDITION ONLY.)

T 1/21 Introduction to the Field

F 1/24 Theoretical and Practical Frameworks Wedding & Corsini Ch. 1

T 1/28 Historical Background Wedding & Corsini Ch. 2

F 1/31 Psychodynamic Therapy Wedding & Corsini Ch. 3

T 2/4 Psychodynamic Therapy

F 2/7 Psychological Assessment

T 2/11 Recent Developments in psychoanalysis

F 2/14 EXAM

T 2/18 Client-Centered Therapy Wedding & Corsini Ch. 4

F 2/21 Gestalt Therapy Wedding & Corsini Ch. 9

T 2/25 Humanistic Therapy

F 2/28 Existential Therapy Wedding & Corsini Ch. 8

T 3/4 Positive Psychology Wedding & Corsini Ch. 13

F 3/7 Biological Psychiatry

T 3/11 Exam

F 3/14 REBT Wedding & Corsini Ch.
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T 3/18 SPRING BREAK

F 3/21 SPRING BREAK

T 3/25 COGNITIVE THERAPY

Wedding & Corsini Ch. 7

F 3/28 BEHAVIOR THERAPY

Wedding & Corsini Ch. 6

T 4/1 Exposure Therapy

F 4/4 Somatization

T 4/8 EXAM

F 4/11 DBT

T 4/15 CBT

Wedding & Corsini Ch. 13

F 4/18 CBT

T 4/22 Self-Regulation Methods

F 4/25 Marital and Family Therapy

Corsini & Wedding Ch. 12

T 4/29 Special Topics

Corsini & Wedding Ch. 15

F 5/2 EXAM

Grading: There will be four, non-cumulative exams. The exams will cover lecture and the

textbook. The lectures are not intended to explain material in the text, but rather to provide material that is not covered in the text. Therefore, there will be material on the exams that is not in the text. Absences from class will cause you to miss information that will appear on the exams.

Exams will consist of multiple choice and true-false items. Exams will be curved. After each exam I will add your exam scores and produce a cumulative total. That cumulative total will be curved and a grade assigned to your total points, so you will know after each exam where you stand in the course.

You are expected to take all the exams. If you miss an exam, you must have an excuse that I decide is legitimate to be allowed make it up and not receive a zero for the exam. Do not schedule job interviews or vacations that conflict with exams. I have attempted to avoid scheduling exams on religious holidays or the Friday before spring break. If you are allowed to make up a missed exam, the ONLY way you may make it up is by writing a 10-page paper on a topic from the material covered on the exam. The the topic to be approved by me. Note that this is the ONLY way to make up a missed exam. Email the paper to me. Electronic copy only.