

830:341:05 Syllabus

Abnormal Psychology Lab – Spring 2013

Faculty Supervisor: Richard Contrada, Ph.D.

Instructor: Emily Panza

Office: Tillett Hall, Room 527

Office Hours By Appointment

Contact Info: emily.panza@rutgers.edu

Meeting Times and Location:

Mondays 6:40pm – 9:30pm

Busch Psychology 105 (Computer Lab)

Required Texts:

Any required articles will be distributed to the class or posted on Sakai. However, it is **highly recommended** that you purchase the *Publication Manual of the American Psychological Association: Sixth Edition* (\$20-\$30) if you do not own it already. Make sure that you buy the second printing or later (see <http://www.apastyle.org/manual/corrections-faqs.aspx>)

Additional Requirements:

BRING HEADPHONES to every class! You will need them for our class work. If you do not have headphones, please let me know immediately. Any type of headphones will do. You may be unable to participate in some in-class activities without them, which would lower your grade.

Core Requirements

This course has been certified as satisfying four of the Writing and Communication Learning Outcome Goals (including WCR and WCD) of the SAS Core Curriculum. Specifically, students will be able to:

- a) Respond effectively to editorial feedback from peers, instructors, and/or supervisors through successive drafts and revision (WCR)
- b) Communicate effectively in modes appropriate to a discipline or area of inquiry (WCD)
- c) Evaluate & critically assess sources & use the conventions of attribution & citation correctly
- d) Analyze and synthesize information and ideas from multiple sources to generate new insights.

Course Objectives:

The ability to understand and conduct empirical research is essential for students interested in clinical and abnormal psychology. This course is designed to help you develop the necessary knowledge and skills to engage in research as a clinical scientist. First, we will learn the basic steps involved in conducting a study in clinical psychology (e.g., ethical considerations, formulating hypotheses, choosing measures, collecting and analyzing data). We will read a series of articles on various topics germane to the field. Then we will work individually and in teams to conduct, write up, and present investigations of the effectiveness of various simple interventions adapted for an undergraduate lab setting.

830:341:05 Syllabus

As a student in this course, you will be immersed in every step of the process, and will come away with a solid foundation in research in abnormal and clinical psychology, which is necessary for graduate training. A comprehensive research report in APA format is due at the end of the term.

The course is restricted to undergraduate majors in psychology who have taken Quantitative Methods and Abnormal Psychology. It is designed to meet one lab course requirement of the psychology major. Like any lab course, *this class requires more than the average amount of work for you to earn a high grade.*

Course website:

If you are properly registered for the course, you have access to the course website through Sakai. Copies of all slides and handouts, study guides, and special notices will be here posted after class each week. **It is important to note that the syllabus is subject to change, so please consistently check the syllabus on Sakai so that you are aware of these changes.** You are responsible for all the information contained in this syllabus, and for all changes to the syllabus that I announce in class or post on the website.

Office hours:

My office hours are by appointment. You can also meet with me before or after class - just let me know in advance.

Computer Room (Room 105):

- No food or drink is allowed in the computer lab!
- The student computers have a folder structure with a link on the desktop for the various types of labs (Psych 302, Psych 306). There are subfolders for the various sections (Mo 12, Mo 34, Mo 56 Mo 78, Tue 12 etc.).
- You are supposed to use the same computer during the entire semester and should be saving your data, analyses, and work to the correct folder for your section
 - **Back up** your assignments and data **each day** via a flash drive (or emailing them to yourself) is **HIGHLY** recommended. *You* are responsible for securing *your own* files and data. Loss of files could result in a lowered grade.
- Students should NOT be saving anything on the desktops.
- Students should NOT be downloading anything non-class related to the computers.

Students with disabilities:

Any student who feels he or she needs accommodation for a physical or learning disability, please contact the Office of Disability Services (151 College Ave, Suite 123; phone 732-932-2848) and read more about Rutgers' policy at <http://disability/services.rutgers.edu> . If you request accommodations for this course, you will need a letter from Disability Services. This letter must be provided to me *by our second class*, at which point you may make a request for course-specific accommodations. The Chair of Undergraduate Psychology and I will review your request and may choose to modify it before it is approved.

830:341:05 Syllabus

Attendance and Assignments:

Because this course is challenging and we cover a lot of material in every class meeting, **you are expected to attend every class**. Inconsistent attendance will result in a lowered grade. In addition, **you must arrive on time to lab/lecture**. If you are more than 15 minutes late, you will not be allowed to participate in that lab, and will receive a 0 for the assigned homework. Missed assignments that are not excused will be given a “0.” Late and excused assignments will be docked one deserved point for up to 3 days. **Assignments more than 3 days late will not be accepted**. If you miss two classes, you will be placed on probation. If you miss three or more classes, you will automatically receive an “F” for the course. Please type all assignments using general APA guidelines (i.e., 12 point font, Times New Roman font, 1” margins on all sides).

Assignments and Grading:

All assignments are due at the beginning of the class period.

- 5 Homework Assignments: 10 points each (50 points total)
- Final Research Paper: 25 Points
- Lab activity assignments (Workshop, Data Entry, Mindfulness): 15 points
- Class participation and attendance: 10 points

TOTAL: 100 points

A = 90 points and higher

B+ = 85-89 points

B = 75-84 points

C+ = 70-74 points

C = 60-69 points

D = 50-59 points

F = Below 50 points

Make-up Assignments:

You CANNOT make up any of the take-home assignments. If you have an excused absence for an in-class exercise, with a dean’s note or other comparable notification, you may either a) pro-rate your final grade, or b) do a make-up assignment that will usually consist of a 1-2 page reaction paper to an attended lecture in the field of psychology. **Make-up assignments will be determined on a case-by-case basis, and you should not assume that you will be able to make up an assignment just because you missed class.**

Plagiarism:

All work that students turn in must be their own work. Students *should not* work collaboratively on assignments without prior approval from the instructor. Any outside sources (including help from other people) must be appropriately referenced in all written work. Turning in someone else's work as your own is completely unacceptable. This includes downloading information from the web and pasting or copying it into your paper. We routinely check Google, Wikipedia and other popular websites to check for plagiarism. Additionally, we require that your paper be turned in as electronic as well as hard copies so that we can check for plagiarism by matching content to information on the web. **All of your work will be turned in via the Sakai Assignments tab, which automatically checks Turnitin.com, so the authenticity of your work is visible to both you and the course instructor.** Any student who plagiarizes will, *at the very least*, receive a failing grade for the course. More severe consequences (e.g., expulsion) are also possible. More about academic integrity can be found at <http://ctaar.rutgers.edu/integrity/policy.html>.

Schedule of Classes

January 28 - Introduction To Class

- 1.) Overview and Introduction to Class
- 2.) Discussion of Hypotheses (What makes a good/bad hypothesis?)
- 3.) Discuss Assignment #1
 - a. Write 3 Scientific Hypotheses (Submit these as a Word Document via the Sakai Assignments Tab before you come to class on **2/1**. The title of the file should be "YourLastName_Assignment1")

Due: Nothing

February 4: Hypothesis Workshop & Behavioral Activation

- 1.) Present Hypotheses
- 2.) Introduce the Concept of Behavioral Activation
- 3.) Complete test-anxiety measures

Due: Assignment #1

February 11: Literature Review

- 1.) Discuss Purposes of a Literature Review
- 2.) Do Literature Review in Class
- 3.) Discuss Assignment #2
 - a. Create your own behavior plan

Due: Come to class knowing which behavior/outcome you will measure

February 18: Online Video Workshop

- 1.) Discuss Assignment #3
 - a. Write an Introduction Section
 - b. Complete APA style reference section (Due March 4)
- 2.) Complete Online Video Workshop (In-Class Assignment #1)
- 3.) Complete Measures

Due: Assignment #2

February 25: Online Video Workshop

- 1.) Complete Online Video Workshop (In-Class Assignment #1)

830:341:05 Syllabus

2.) Complete Measures

Due: Nothing!

March 4: More Methods/Peer Review

- 1.) Complete Discussion of Methods
 - a. Sampling
 - b. Issues with Measurement
- 2.) Peer Review of Introductions
 - a. Discuss Purpose
 - b. Complete Peer Review
- 3.) Discuss Assignment #4
 - a. Making your own Methods Section

Due: Assignment #3

March 11: Data Analysis

- 1.) Conduct data entry for SPSS data sets
- 2.) Review of Statistical Tests (Correlation, T-Tests, ANOVAs)
- 3.) Begin Analysis of Data in Groups

Due: Update on behavioral activation

March 18: Spring Break!

March 25: Professional Development in Clinical Psychology

1. Conducting Clinical Research: Potential Career Paths
2. Composing a CV, Applying for Jobs or Graduate School
3. Complete Results Section (**Assignment #5**)

Due: Re-Writes of Assignment #3; Assignment #4

April 1: Mindfulness I

1. Discussion of Different Treatments for Depression
2. Introduction to Mindfulness
3. Introduction to Rumination
4. Complete Pre-Test Measures on Rumination

Due: Assignment #5

830:341:05 Syllabus

April 8: Mindfulness II

1. Do In-Class Mindfulness Exercise (In-Class Assignment #3)
2. Complete Post-Tests
3. Discussion of Mindfulness
 - a. Clinical Perspective
 - b. Research Perspective
4. Discuss in-class article critique session

Due: Rewrite of Assignment #4; Update on Behavioral Activation

April 15: In-Class Article Critiques

1. Presentation of Article Critiques
2. Discuss Final Project

Due: Assignment #6

April 22: In-Class Work on Final Project

1. Address any final questions concerning final project
2. In class work for Final Project

Due: Nothing

April 29: Final Project Due by Midnight