

Systems of Psychotherapy—Professor Robert Woolfolk Text references are to Wedding and Corsini 10<sup>th</sup> Edition. The book has been modified substantially this edition. Earlier editions will not serve you well.

9/3 Introduction to the Course

9/6 Rosh Hashanah

9/10 Theoretical and Practical Frameworks Wedding & Corsini Ch. 1

9/13 History of Psychotherapy

9/17 Psychoanalytic Therapy Wedding & Corsini Ch 2

9/20 Psychodynamic Therapy Wedding & Corsini Ch 3

9/24 Psychodynamic Therapy

9/27 Psychometrics and Assessment

10/1 Exam

10/4 Person-Centered Therapy Wedding & Corsini Ch 4

10/8 Gestalt Therapy

Wedding & Corsini Ch 9

10/11 Existential Therapy

Wedding & Corsini Ch 8

10/15 Eid al-Adha

10/18 Biological Psychiatry Positive Psychology

10/22 Exam

10/25 Rational Emotive Behavior Therapy Wedding & Corsini Ch 5

10/29 Beck's Cognitive Therapy Wedding & Corsini Ch 7

11/1 Behavior Therapy Wedding & Corsini Ch 6

11/5 CBT

11/8 CBT

11/12 Exam

11/15	Special Topics	Wedding & Corsini Ch 11
11/19	Special Topics	Wedding & Corsini Ch12
11/22	Special Topics	Wedding & Corsini Ch13
11/27	Health Psychology	
11/29	Thanksgiving Holliday	No Class
12/3	Special Topics	
12/6	Contemporary Challenges	Wedding & Corsini Ch 16
12/10	Exam	

Grading: There will be four, non-cumulative exams. The exams will cover lecture and the textbook. The lectures are not intended to explain material in the text, but rather to provided material that is not covered in the text. Therefore, there will be material on the exams that is not in the text. Absences from class will cause you to miss information that will appear on the exams.

Exams will consist of multiple choice and true-false items. Grading will be on a normative basis (curve). After each exam I will add your exam scores and produce a cumulative total. That score will be curved and a grade assigned to it, so you will know after each exam where you stand in the course.

If you miss an exam for any reason, illegitimate or legitimate, you may make it up by writing a 10-page paper on a topic from the material covered on the exam. You must receive permission from me to write the paper. The topic to be approved by me. Note that this is the ONLY way to make up an exam. Also, you do not need an excuse. I reserve the right to limit the number of make-ups allowed for each student.