RUTGERS UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
Internship in Applied, School, and Community Psychology

Application deadline for Summer/Fall 2024 semester:
Monday, April 8, 2024

*Please do not include these informational pages with your application – delete pages 1-5 and submit only from page 6 and on*

NOTE: This application is for Summer 2024 and/or Fall 2024 semesters. You can apply to either or both.

Introduction

The Internship Program in Applied, School, and Community Psychology is a semester-long course offered by the Department of Psychology, Rutgers University. The internship component satisfies the requirement for one or two upper-level Psychology elective courses OR general elective courses (depending on prior courses taken), and the accompanying seminar satisfies the 400-level requirement towards the major. Students enrolled in the program typically receive 6 or 9 credits. The student is overseen by a professional at the internship site and by a member of the Psychology Department. Over 85+ semesters, students have had enjoyable and stimulating experiences that have assisted them greatly in both academic and career-related plans.

Types of Settings

During the application period, students need not be concerned about the specific sites, but rather with types of settings and populations, and their goals for the internship. There will be both in-person and online internships available. Students can also bring on

Prerequisites

Internship settings may seem bewildering and overwhelming to students who lack the proper experiential and course-related background. Therefore, it is important that students possess the basic knowledge and skills necessary to form a foundation on which they can build and expand. The following prerequisites for acceptance into the internship outline this foundation:

1. Students must be upper-level undergraduates (juniors or seniors) and psychology majors.
2. At least one of the following courses (two or more are desirable): Abnormal Psychology, Psychology of Personality, Introduction to Clinical and School Psychology, Community Psychology and Mental Health

3. At least one course related to the desired type of placement. For example, students wishing to work with children or adolescents should have taken one of the following courses: Developmental Psychology, Infant and Child Development, Adolescent Development, or Atypical Development of Childhood and Adolescence. Students interested in Neuropsychology should have taken Neuropsychology, etc. **Students interested in clinical settings must have taken Abnormal Psychology.**

Some sites have more specific requirements (GPA, writing abilities, etc.).

4. Previous fieldwork is useful, but not required. It is, however, most important that students demonstrate a genuine commitment to working in an internship setting and display a mature attitude towards their work.

5. Preference will be given to those candidates with a GPA of 3.0 or higher.

6. The internship is a major commitment. You should have the time, interest, and ability to commit to a placement 2 or 3 days a week (roughly 12 or 18 hours weekly) in addition to the seminar course.

**Application Procedures**

Please type your application, and **only include pages 5-11** (do not include these informational pages).

**IMPORTANT**: All students are advised to register for classes as if they are NOT going to be accepted. This is because of the timing of the internship application process relative to the course registration process. Upon acceptance, students can drop some of their courses and add the internship through special permission.

**Evaluation of Performance**

The Internship is an academic experience for credit; therefore, grades are earned. Students’ performance will be graded on the basis of constructive participation in the weekly supervisory seminars, seminar presentations, completion of regular written assignments, supervisor ratings, and an integrative final reflection paper. Each student is expected to demonstrate measurable improvement in skills throughout the semester. The Internship Coordinator remains in close
personal contact with the on-site supervisor. At the end of the semester, formal evaluations are provided by each supervisor; in addition, students are asked to evaluate their own performance and report the degree to which they feel they attained their stated personal goals.

Credit

Students typically receive either 6 or 9 credits for the seminar and fieldwork combined (though other credit amounts are possible). Students who intern 3 days per week, minimum 18 hours weekly, earn 9 credits in total - 3 for the seminar and 6 field credits, corresponding to courses 494 and 493, respectively. Students who intern 2 days per week, minimum 12 hours weekly, receive 6 credits in total – 3 for the seminar and 3 field credits.

During the application process, students are strongly encouraged to meet with a major advisor to determine that the Internship credits fit with their graduation or departmental major requirements. If you are unsure of which requirements you have remaining and whether this internship fits into your academic plans, please check with your advisor before applying.

Specific Arrangements

Students spend 2-3 days per week at the placements (12-18 hours weekly), in addition to attending a weekly supervisory seminar class. This class operates as a forum for:

(a) discussion of relevant issues concerning the settings and specific cases or projects with which students become involved, and

(b) training of skills needed for successful task performance in the setting.

In addition, each student will have a primary supervisor in each setting.

Submission Instructions

E-MAIL the following as one message: 1. application, 2. resume, and 3. recent photo to: gelfanma@scarletmail.rutgers.edu

SUBMIT AS A WORD OR PDF ATTACHMENT, and not a google doc. Do NOT send files as a Pages document.
In the e-mail, your application, resume, and photo should be attached as three separate documents. Please put “First Name Last Name Internship Application” in the subject line of the e-mail. For example, if your name is Sarah Smith, you would put Sarah Smith Internship Application in the subject line.

*Incomplete applications (no resume, inadequate references, etc.) will not be considered.*

Address all inquiries about the Internship program to:

Marina Gelfand, Ph.D.
Assistant Teaching Professor, Internship Coordinator
Office Phone: (848) 445-1993
gelfanma@scarletmail.rutgers.edu

Note that multiple people, including those from potential sites, may read all or part of your application.
Sample Placements (not all placements may be available in a given semester)

AVID program, New Brunswick public schools
Center for Forensic and Clinical Psychology of NJ (CFCPNJ)
Cognitive Behavioral Center (CBT) Center
Douglass Child Study Center
Girls on the Run
Highland Park Bartle School Social Emotional Learning Lab
Integrity House Addiction and Mental Health Treatment Center
JFK Medical Center, Neuropsychology
Life Psychotherapy, East Brunswick, Little Silver, and Freehold branches
Medallion Partial Care Hospitalization program
Midland School - special education
North Plainfield School District, Department of Special Services
Navesink Psychological Services
Parker Home for the Aged (at Stonegate, Highland Park)
Robert Wood Johnson University Hospital, Child Life program
Robert Wood Johnson University Hospital/Med School, Consultation-Liaison/social media
Rutgers Child Therapeutic Day School for children with emotional/behavioral challenges
Rutgers UBHC Bridge program
Rutgers UBHC Adolescent Partial Hospitalization Unit
Rutgers UBHC Outpatient Services
SEL-4US – National Social Emotional Learning Network

Past placements include:
Boggs Center for Developmental Disabilities
Dr. Koffman Private Practice – Clinical Neuropsychology
Head to Head Consultants – Clinical Neuropsychology
Help and Hope Counseling
Juvenile Justice Commission (JCC), NJ Training School for Boys
ISS program (In School Suspension), New Brunswick public schools
Puerto Rican Action Board (PRAB)
Saint Benedict’s Preparatory School, Newark
Metuchen schools K-12, Social Emotional Learning (SEL) program
New Jersey Institute for Neurofeedback
Rutgers UBHC Child and Adolescent Inpatient Unit
Rutgers UBHC Adult Inpatient Unit

DO NOT include this and any preceding pages with your application. Delete these pages and only include the next page (page 6) and beyond.
RUTGERS UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
Internship in Applied, School, and Community Psychology
Application Form

Application deadline: Wednesday, April 8 for Fall 2024

E-mail application AND resume to gelfanma@scarletmail.rutgers.edu
with subject line: First Name Last Name Internship Application
Please include a recent photo with your application

TYPE YOUR APPLICATION.

Have you previously applied for this internship? _____ Yes _____ No
I am interested in: _____ Summer 2024 _____ Fall 2024 _____ Either summer or fall/unsure

Name: ___________________________________________ Gender: ______
Address: (campus)____________________________________________________
          (home)______________________________________________________
e-mail (Rutgers) _________________________________________________
Contact Information: cell phone____________________________
          home phone (if applicable) ________________________________
Expected Graduation Date: ______________________________

Major(s):
__________________________________________________________

Minor(s):
__________________________________________________________
Overall GPA: ____________ Psychology GPA: ____________
(if transfer student, do not include non-Rutgers courses in GPA)

Will you have access to a car during the semester you plan to intern?

___________________________________________________________________________

Languages spoken other than English: 1. _______________________________ Fluent? ______

2. _______________________________ Fluent? ______

How/from whom did you hear about the internship? (please list name)

___________________________________________________________________________

List all Psychology courses taken or in Progress (state grade obtained, list BY SEMESTER; note if not at Rutgers):

List other relevant courses and grade obtained (i.e. sociology, education, criminal justice, etc.)

Types of settings and populations in which you are interested (check off all that apply):

_____ Infant/toddler  _____ Public school – regular education  _____ Physically disabled

_____ Preschool  _____ Public school – special education  _____ Developmentally disabled

_____ Elementary  _____ Inpatient psychiatric  _____ Forensic/prison

_____ High school  _____ Emotionally/behaviorally disturbed  _____ Medically ill

_____ Adult  _____ Hospital  _____ Disadvantaged/Diverse
The elderly  Acute care/crisis  Private practice

Clinical  Neuropsychology

Psychiatry  Other: _______________________

Summarize your interests in your own words:

Types of settings and populations in which you are not interested (check off all that apply):

Infant/toddler  Public school – regular education  Physically disabled

Preschool  Public school – special education  Developmentally disabled

Elementary  Inpatient psychiatric  Forensic/prison

High school  Emotionally/behaviorally disturbed  Medically ill

Adult  Hospital  Disadvantaged/Diverse

The elderly  Acute care/crisis  Private practice

Clinical  Neuropsychology  Other: _______________________

Psychiatry  Sports psychology  Other: _______________________

Summarize sites that do NOT interest you in your own words:
Would you prefer a summer internship or a fall internship? Explain.

Are you open to a remote/virtual internship? Explain.

Describe your career goals. Why do you want an internship at this time?

What special qualities do you think you have that would make you an asset to an internship setting?

Describe any special interests or talents you might have in areas such as theory (e.g., systems, behavioral, psychodynamic), techniques (e.g., psychological assessment, needs assessment, program evaluation, prevention work, individual or group therapy), research, education, hobbies, advocacy, etc.

Please briefly describe any relevant experience you have had. Examples of relevant experience might be volunteer work in a mental health setting, crisis or peer counseling, working with special needs children, serving as a camp counselor, etc.
How would you describe yourself, including strengths and weaknesses?

If you were accepted into the program, how many courses and what type of courses would you probably be taking next semester *in addition to* internship? Remember that internship would be 6-9 credits.

If accepted, what other major commitments (e.g. work) would you have other than internship and coursework, and approximately how many hours per week?

What are the most important things you’re looking for in an internship? What types of internships would or would not be a good fit?

Comments: Please include anything else that you feel is relevant to your application:

References: Please give the name, title/position, location, e-mail address, and phone number of anyone inside or outside the Psychology Department whom we MAY contact as a reference if needed. Please state in what capacity you know this person and how long you have known them. Give at least TWO (2) references.

*Include at least one academic reference. Do not list friends or family members.*
Do not ask them for letters - we will contact them if necessary. Please note that applications without references will not be accepted.

**Reference 1:**

Name: 

Position, Title (Department if applicable): 

How long known and in what capacity? 

E-mail address: 

Phone number: 

**Reference 2:**

Name: 

Position, Title (Department if applicable): 

How long known and in what capacity? 

E-mail address: 

Phone number: 
Reference 3:

Name:
_______________________________________________________________

Position, Title (Department if applicable):
_______________________________________________________________

How long known and in what capacity?
_______________________________________________________________

E-mail address: ___________________________

Phone number: ___________________________